



## American Prep WV1 Campus Newsletter November 15, 2019

Electronic calendar can be accessed on the website @ <http://westvalley1.americanprep.org/> Facebook page:  
<https://facebook.com/americanprepWV/>

**School hours: Monday, Tuesday & Friday: 8:15-3:25/3:50 pm**  
**Wednesday & Thursday: 8:15-2:25/2:50 pm**

<p>CALENDAR: Monday, Nov 18 Tuesday, Nov 19 Wed, Nov 20 Wed, Nov 20 Wed, Nov 20 Thurs, Nov 21 <b>Friday, Nov 22</b> Tuesday, Nov 26 Wed, Thurs &amp; Fri Nov 27, 28 &amp; 29 Wed, Dec 4 Friday, Dec 13 Friday, Dec 13 Wed, Dec 18 Thurs, Dec 19 Friday, Dec 20 Mon, Dec 23-Jan 3</p>	<p><b>*Volunteer Opportunities</b> Adult English Class @ 9:00 am Mental Health- Parent Workshop @ 6:00 pm Adult English Class @ 9:00 Hearing Screening- K, 1<sup>st</sup>, 3<sup>rd</sup> and all new students Parent Yoga Class @ 4:30 pm Show What You Know Assembly: K-6<sup>th</sup> RU Awards <b>Midterm Missing Work Deadline</b> Board Meeting at APS Office 7:00 pm Thanksgiving Break- NO school Canned Food Drive Begins- Goal 1500! School Science Fair End of Term 2 Missing Work Deadline Winter Music Concert 5<sup>th</sup> &amp; 6<sup>th</sup> grade at 7:00 pm Geography Bee * Early Dismissal 12:15/12:35 pm No School- Winter Break</p>
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### Hello American Prep Families!

#### November's Builder's Theme: "Showing Gratitude Through Word & Deed"

November's builder theme is "I am a Builder when I Express Gratitude in Word and Deed." This month is a perfect month to express our gratitude and to say thank you to those that are around us. Saying thank you can be done in big ways like giving a gift or taking someone out to lunch but it can also be done in small ways like writing a quick note or giving a hug. Here are some ways you can express gratitude in word and deed in your home:

- Step 1: **Watch** our new video! [Here](#) is a link to our new Character Development video on gratitude.
- Step 2: **Ask your child** if they have seen it in their classroom. If they haven't, watch it together!
- Step 3: **Acknowledge and praise your child when they express gratitude in word or deed:** "I noticed you told your sister thank you when he passed the food to you at the dinner table, that was so nice of you", "I appreciated how you told me thank you after I did your hair today, that means a lot to me"
- Step 4: **Model Gratitude!** Tell your child you are thankful for them picking up their clothes, making their bed or putting their dishes away. You can also send a thank you card to a friend, after a birthday party or to your child's teacher.



## Morning Carpool- Friendly Reminder



- ✓ Arrive Early
- ✓ Pull forward
- ✓ Student exit on the curbside
- ✓ Parents remain in the car
- ✓ Use your turn signal
- ✓ No cell phones
- ✓ Be cautious, kind and courteous
- ✓ Be a builder!

### 2019-2020 Enrollment

We still have available spaces for new students at our West Valley 1 Campus in 4<sup>th</sup> and 5<sup>th</sup> grade. If you have interested friends or family with students in 4<sup>th</sup> and 5<sup>th</sup> grades, have them call the school to schedule a school tour. 801.839.3613

### Attendance update- 62 Tardies on Wednesday! 🤔

Thank you to our parents who have been ON TIME! Thank you! The students need to be IN the classroom at 8:15 am to be counted as on time, please adjust your morning routine, sometimes five minutes can make a big difference!

If your child misses 10 minutes per day = 50 min per week •• nearly 1 ½ weeks per year of lost learning time.

### Substitute teachers - This May Be the Part-Time Job You've Been Waiting For!

We need more substitute teachers! Please consider becoming a substitute for us! If you have friends, relatives or neighbors who are looking for a WONDERFUL part-time job, this may just be it! Here is more information about our substitutes and their duties:

Our staffing model allows us to have our Instructors step in and substitute for the teachers when they are absent, so our substitutes are really an “assistant” in the classroom, helping out the Instructor as they teach the class. This is a really great opportunity for parents and others to be in the school and to make a BIG difference! Being a substitute is FUN! Please email Laura Leavitt ([lleavitt@apamail.org](mailto:lleavitt@apamail.org)) or call (801-839-3613) and she will answer any questions you may have!

### Parent workshop “Mental Health”

*Parents who attend will earn a “Free Sock Day” for their students on Wednesday, 11/20/19*

Please join us for our Parent workshop on November 19<sup>th</sup> @ 6:00 pm, Parents will learn about this side of wellness for ourselves and family. Child care and snacks will be provided.





## Hearing Screenings

We will be conducting hearing screenings for all students in Kindergarten, 1st grade, 3rd grade, students new to the district and students that teachers have concerns about their hearing. The screening will be conducted on November 20th. A hearing screening is a brief test to check on hearing acuity at the frequencies of 500, 1k, 2k, 4k at 20dB. If there is any concern about your child's hearing you will be notified and advised as to the need for more comprehensive evaluation. This note is to inform you of the hearing screening and advise you that if you **DO NOT** wish to have your child's hearing screened please send us a written denial.



**APA'S Annual Donation Drive WV1 Goal 1500 cans!** It will be donated to the Utah Food Bank for children and families in need, more details to come.

## Cold Weather Uniform Reminders

Colder weather is coming! Here are a few reminders about what students should be prepared with.

- **Jackets/Coats.** Recess still happens—even when it's cold. Please be sure your student has a warm jacket or coat to wear outside. Hats and gloves are encouraged once the temperatures dip. Be sure your student's name is written on all their outerwear so it can be quickly returned if it is misplaced.
- **Sweaters.** Students who get chilly during the school day may wear a long sleeve navy blue sweater or cardigan. Appropriate styles can be viewed in the current uniform guide. Also, sweaters with the APA logo are available from APA's online store. Other sweatshirts, sweaters or jackets that are not part of the uniform may not be worn during class time.
- **Tights and leggings.** Girls may wear white or navy-blue tights with their skirts. Leggings may also be worn under skirts. These should be navy blue or black.
- **Boots.** If there is snow on the ground, students may wear ANY boots to and from school and out to recess. Students should bring their regular uniform shoes to change into for class time. Girls have an option to wear dress boots with their uniform from October to the end of March. To be uniform appropriate, these must be dress boots with low heels, solid black, with no decoration. Plain, "not cute" boots are sometimes difficult to find—so please remember the simplest option: Wearing/bringing shoes for the school day and changing into boots (ANY boots) only when going outside.

After School Carpool. Students MUST WAIT OUTSIDE FOR PARENTS! They will not be allowed in the building after school has ended, *even in the cold*, so please make sure they are prepared with warm dress, AND be here to pick them up promptly at the end of the day! Monday, Tuesday, and Friday ends at 3:25/3:50. Wednesday and Thursday end at 2:25/2:50 pm- (*Corrected*)



### Parent Yoga Class:

Learn to relax your mind and body through yoga and meditation. Every Wednesday from 4:30-5:30. Bring comfortable clothes, water and a mat if you have one.

### Adult English Class:

Bring your friends and come practice your English skills, Mondays and Wednesdays 9-10 am.

### Carpool Connection

- We have a family in West Valley who needs help transporting two students to and from school, this family lives near 2300 West and 3100 South, WVC; willing to help pay for gas.
- A family needs afternoon carpool helps to take one student from school to home, this family lives near 5000 south and 5000 West in West Valley city.

If you are interested in starting a carpool with any of these families, please let us know ([mgamez@apamail.org](mailto:mgamez@apamail.org)) and we will help the parents get in contact with each other.

### American Prep Volunteer Corner

If you haven't turned in your Term 1 volunteer hours, please do that this week! Please e-mail your hours to [wv1volunteerhours@apamail.org](mailto:wv1volunteerhours@apamail.org) Please include your full name, your student's name & grade, the amount of time and how your volunteered. Hours can be turned in as you go, or turned in at the end of the term.

## Sistema

♪♪♪♪ MAKE A NOTE!

**Sistema Phone Number: 801-839-3613 dial 4**

**Pick-up time on:** 6:05 - 6:30 Monday, Tuesday, and Friday / 5:05 - 5:30 Wed and Thursday

- Nov. 22 Sistema Strings Performance U of U vs. Stanford Women's Volleyball game (6:45)
- Nov. 27-29 No School (Thanksgiving Break)
- Dec. 4 **3rd Grade Parent Meeting and Showcase** 6:00-6:30
- Dec. 10 Sistema Teacher Showcase 6:00
- Dec. 16 Sistema Dress Rehearsal (All students must attend)
- Dec. 18 **Sistema Winter Concert** 5:30 --(Note: 5th and 6th Grade Music Concert is at 7:00)
- Dec. 20 No Sistema (early dismissal)

