



Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>

May 27-May 31 - **Monday - NO School**
Tuesday - 8:15am - 3:25/3:50 pm
Wednesday, Thursday & Friday - 12:15 pm Dismissal

Friday, May 24	Last Day Kindergarten class
Saturday, May 25	Saturday School @ WV2 - 7:45 am - 11:00 am
Monday, May 27	Memorial Day - NO SCHOOL
Tuesday, May 28	Collegium Hall - 3:30 - 6:30 pm
Wednesday, May 29	Last day of Collegium Hall - 12:15 - 3:15pm
May 28-May 30	New Kindergarten Students Assessment Day, by appointment only
Wednesday, May 29	Elementary Field Day - Parent Volunteers needed! Free dress day for Elementary if they have returned all of their books, name tags, docketts and have no fees!
Wednesday, May 29	All students- Early Dismissal 12:15 pm
Thursday, May 30	All students- Early Dismissal 12:15 pm
Thursday, May 30	Elementary CLEANING day-- Parent Volunteers needed!
Friday, May 31	Jr. High Field Day - Lagoon - Arrive at school at 10:20 am-Parent will pick up kids from Lagoon)
Friday, May 31	<u>Last Day of School - 12:15 pm Dismissal</u>

UPCOMING EVENTS

July (Watch email for date) Used Uniform Sale

May’s Builder’s Theme: “I am a Builder when I am Respecting my Body and Mind”

Respect yourself enough to walk away from anything that no longer serves you, grows you, or makes you happy. *Robert Tew*

12 Ways to respect yourself - Self love is an essential element for living a positively present life, and self respect is a vital aspect of self love. The more you respect yourself, the more you are able to love yourself. However, self respect isn't always as easy to come by as you might think. There are a lot of aspects of life that can lure you away from respect. As much as you might want to treat yourself with respect, there are often outside influences that can get in the way of treating yourself honorably. Here are some of reminders of how to make self-respect a priority in your life.

- Don't settle for less than you deserve.
- Get in touch with who you really are.
- Forgive yourself for our mistakes.
- Forgive those who have hurt you.
- Surround yourself with positive people.
- Work on building up confidence.

- Be honest with yourself and others.
- Take good care of your body.
- Exercise and inspire your mind.
- Speak positively about yourself.
- Don't compare yourself to others.

Knowing who you are is such an important aspect of respecting yourself. The more you know about who you are, the more you can respect your values and desires.



May Builder Winners

K - Malaya Claveria
Jonny Rodriguez
1st - Alyson Mota Ceja
Abel Soto
2nd - Tupou Lavaki
Draylee Paulk-Benadik
3rd - Geoff Damasco
Ahmed Said

4th - Geovanni Hernandez
Brooklyn Tagovailoa
5th - Avery "Mason" Johnson
Brianna Ramirez
6th - Andrea Tagovailoa
Brandon Zarate

1st-3rd and 4th-6th Field Days: Next Wednesday! May 29

Our elementary students will be having field day fun next Wednesday, May 29. Parents are welcome and needed to help with some of the activities! Students who have turned in their nametags, docketts & all books (or have paid for replacements or fines) will come home with a label on their learning plan stating that they have earned a FREE DRESS DAY! Otherwise, students will just wear their regular uniform for this day.

1st, 2nd and 3rd grades will be having their field day here at the school (fingers crossed that it will be outside because it will be such a beautiful, sunny, warm day!)

4th, 5th and 6th grades will be walking to Redwood Recreation Center to have their field day. They will be doing activities at the outdoor ball courts, ball fields and swimming pool. Please be sure your student brings what they need for the day: towel, swimming suit (w/ a t-shirt if needed for modesty), sunscreen, hat, bag or backpack to keep belongings in, and a water bottle. Students may also bring a blanket for sitting on the grass. Flotation devices are not allowed, but students may bring diving toys if they'd like.

2019-2020 Enrollment - We still have available spaces for new students at our West Valley 1 Campus in our 4th & 5th grades for next year.

Memorial Day Assembly

We had a beautiful Memorial Day commemoration assembly Thursday. It was live streamed on KSL's website. If you would like to view the assembly go to Live.KSL.com. When you get to that web page, go to full schedule and click on May 23, 2019 and find our WV1 campus. This will give you the opportunity to view this assembly at home.

APA-WV1: 2019 APA Survey

We have created an online survey this year. This survey is extremely important, because it can shape the way we do things here at American Prep. We need your input. We want to be better. We continue to strive to provide a safe, happy choice for families. Please be very honest with your answers and submit your survey before Friday, May 31, 2019.

When you submit your survey, be assured that your answers are kept confidential and opened ONLY by the people who tabulate the survey for American Prep.

We are looking for 100% participation as stated in our Parent/Student Handbook. Thank you in advance for your prompt participation.

Click here to begin the survey. Please read the instructions carefully.

- Secondary survey: <https://forms.gle/5utF85FoJddkQzLc6>
- General survey: <https://forms.gle/RJtxfya3MiQXW9x29>
- Elementary survey: <https://forms.gle/qtaxP5hUKEBUQrHx9>



Yearbooks - Yearbooks will be delivered to the school on May 28th. Extra books have been ordered and will be available at the front office for \$25.00. They will be available on a first come first serve basis.

Summer School Packets

Summer “Stay Sharp” Packets Each student will receive a “Summer Stay-Sharp” packet with work to be completed over the summer break. This is REQUIRED work that will be turned in on the first day back to school in August. Directions and materials will be included in each packet. Why we do it: We all love having a long summer break – students, teachers and parents alike. The reality is that, left unexercised, students’ academic skills begin to skip and they lose the gains that they made during the school year. We have learned that with a minimal 1 hour of academic focus each weekday during the summer, students not only maintain their pre-summer levels, but come back to school having made steady gains! These students are ready to hit the ground running – with no wasted “catch-up” month at the beginning of the school year.

To Make This Fun and Successful, Keep These Things in Mind:

- A little bit of work goes a long way. About one hour of academic focus during the summer is a big break from the school rigor, but still offers huge returns in students maintaining and progressing in their skill levels.
- Set a schedule. Get them in the habit of doing it at the same time each day. First thing in the morning may be the least distracting time. Be available to monitor and help them.
- Have set tasks. Help them organize their hour to include practice from all areas in the packet – reading, math facts, test practice – whatever is included for that grade level.
- Meaningful motivation. At the beginning of the new school year, we will be celebrating with those students who complete their entire summer packet. Extra motivation from you during the summer may be needed as well – you know your students best!

Contact the elementary or secondary directors at WV2 with any summer packet questions.

APA WV1 10 Years of Excellence T-shirts--Most sizes still Available!

**T-Shirts
can be paid for
at the front office!**



We are celebrating “10 Years of Excellence” at American Preparatory Academy-West Valley 1! As part of our 2009-2019 celebration, we have exclusive WV-1 “10 Year” T-shirts on sale for \$10.”. This is a great way for the whole family to show their APA pride.

APA-Spirit Wear Days May 24 & May 31

Go to our Online APA Apparel: <http://www.americanprep.org/store/>. You will receive an email when your online order is ready for pick-up. You will be able to pick your order up at the main office of your campus during school hours. Please allow a minimum of two weeks for processing online orders, and only come to the office when you have been informed that your order is ready!



Dear American Prep Families - STILL ACCEPTING DONATIONS

In June, a group of teachers will be going to Zambia to support our sister school there - Chiyembekezo Academy/African Prep. We need help gathering items to take with us - will you help us gather what we need?

1. Post-it notes (all sizes)
2. Children's size scissors
3. Black/Blue/Red Pens
4. Reading Glasses (1.5, 1.75, 2.0, 2.5, etc.)
5. "What Your ____ Needs to Know" books - all ages. Used books are welcome!
6. Pocket size dictionaries/small dictionaries (new/used items in good condition)
7. Books for the school library - all ages - story books, novels, readers (new/used items in good condition)
8. Lotions, jewelry, perfume, ties, socks for teacher gifts (new/used items in good condition)
9. Clothes for the children - Girl sizes 3 -16 (new/used items in good condition, washed please)
10. Clothes for the children - Boy sizes 2 -16 (new/used items in good condition, washed please)
11. Backpacks - new/used in good condition
12. EmergenC packets
13. Adult and Children's multi-vitamins
14. Vitamin C tablets
15. Ibuprofen/Tylenol pills/capsules
16. Neosporin
17. Band-aids
18. Beef Jerky

Donation boxes are located in the Front Office. Thank you for your donations!

Parent Advisory Committee Elections

PAC Elections It is time to vote for the parents you would like to represent you on our Parent Advisory Committee. The PAC meets 3-4 times per year and participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent, and other matters important to our students at American Preparatory Academy. We need to fill all 2 vacancies on the Parent Advisory Committee this year. Each family may vote for up to two parents. (You may not cast more than one vote for the same name.) The ballot is included as a separate page and can be found in your Communication Envelope along with the newsletter. Secondary students with no younger siblings will bring one home. Make your 2 selections and return it to the school in the Family Communication Envelope, send with your Secondary student or bring it in to the office before 4pm on Wednesday, May 29th. Please staple or tape your ballot. Ballots will be placed in a secure location at the school when they are received. The two parents with the most votes will be posted in the May 31st newsletter and will represent West Valley 1 parents on the PAC.

FSO - FAMILY SCHOOL ORGANIZATION

A HUGE THANK YOU TO ALL OF OUR VOLUNTEERS, FOR YOUR TIME, ENERGY, TALENTS AND CONTRIBUTIONS THIS YEAR. YOU HAVE MADE SO MANY GOOD MEMORIES FOR OUR KIDS!

Lights Off: Thank you to all those who attended Lights Off and helped us celebrate APA WV1's 10th Anniversary. We also want to thank our community partners for their time and service.

JUNIOR HIGH NEWS

JH Field Day May 31st 2019 - Arrive at the school at 10:20 am

This year we have the opportunity to participate in a Lagoon Day on Friday, May 31st. This event will be in place of the secondary Field Day at the school. There will be no activities or school at WV1 for JH students on Friday, May 31st, aside from those who qualify for Lagoon. Students may qualify for a Lagoon voucher that gets them into the park for only \$35 (half off the regular price) and to ride the bus to Lagoon in the morning at 10:20am. **Transportation from Lagoon home will need to be arranged by parents**, so students can stay as late as the parents would like (the park closes at 11pm). To qualify for the voucher and to ride the bus to Lagoon, students must have no Ds, Fs, or NGs as of Wednesday, May 29th at 4:00 pm and no discipline referrals from Monday, May 13th through May 30th. We are thrilled for this new opportunity for Field Day 2019!



AFTER-SCHOOL PROGRAMS

Sistema, Collegium Hall & Clubs

Mon, Tues, & Fri - 3:25 - 6:30pm/ Wed & Thurs - 2:25 - 5:30pm

Afterschool Phone: (801)839-3613 Ex 0044

Collegium Hall

We are finishing up Collegium Hall in full force! We had a great time at Lights Off last Friday, with junior high students enjoying the face painting, piñatas, interacting with the community partners, and of course, our 10th anniversary CAKE! We also added to the 10th Anniversary Time Capsule with questionnaires. They can still be done and added to the Time Capsule to be opened in 2029!

Collegium Hall comes to an end next week with the following schedule:

Tuesday, May 28: 3:30-6:30 pm

Wednesday, May 29: 12:15-3:15 pm (last Collegium Hall)

Our homework totals for the term are as follows:

7th---207 8th---109 9th---314

Keep working hard junior high!!

FREE Summer Camps:

Transition Camp (8th graders) registration is now extended until Tuesday, May 28! Register NOW at utahstars.usu.edu. Also receive the permission forms from Ms. Collier.

Other camps may have openings as well. Check at utahstars.usu.edu.

CLUBS

- PE - Wednesday, May 29 - 12:30-1:30pm - 6th-9th - Gym - Mrs. Western



MAKE A NOTE!

Sistema Applications: Our online Sistema Applications for 2019-2020 will open in August. We have so many exciting events planned for Sistema next year. You will not want to miss it.

Sistema Festival: The students all did an amazing job on their solos for our Sistema Festival last Wednesday and Thursday. They were all judged by three judges and will be receiving the judging notes and certificate this week. We were blown away with the progress the students made this year. Not only are they great performing as a group, but are fine soloist as well. We are so proud of them.

Sistema Calendar:

- May 24 **Evacuation Drill** (tentative depending on weather.)
- May 28 **Last Day of Sistema and Honors Recital**
- May 29 **Sistema Service Performance** (by invitation only)
- August: **Online Sistema Application** open for 2019-2020 Sistema

Thanks Sistema teachers and staff for all your hard work this year. This was evident at the success and smiles at our concert, during the Sistema Solo Festival, in the high general music test scores, and by the excitement we see daily of students during our program and the sadness of having to go home. Have a wonderful summer! See you next year.