



## School Calendar – WV1 Campus

April 25, 2019

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>

April 29-May 3 - Monday, Tuesday, & Friday- 8:15am - 3:25/3:50 pm  
Wednesday & Thursday - 8:15am - 2:25/2:50 pm

Thursday, April 25	Geography Fair @WV2 - 9 <sup>th</sup> Grade - 2:15-4:15 pm
Thursday, April 25	Parent Dance Lesson - 5:00 - 6:00 pm
Thursday, May 2	New Family Meeting - 8:15 am
Friday, May 3	APA SPIRIT DAY
Friday, May 3	7 <sup>th</sup> grade Masquerade Ball - 11:30-2:30 pm OR 3:30-6:30 pm (Students are assigned a time)
	<b>No Sistema or Collegium Hall</b>
Friday, May 3	8 <sup>th</sup> grade Masquerade Dinner and Ball - 5:00-10:00 pm
Saturday, May 4	Saturday School @ WV2 - 7:45 am - 11:00 am
Tuesday, May 7	DIBELS DAY - Volunteers Needed
Thursday, May 9	New Family Meeting - 8:15 am
Thursday, May 9	Sistema Final Concert - 5:30 pm (Dress rehearsal May 6 <sup>th</sup> - 8 <sup>th</sup> )
Friday, May 10	APA SPIRIT DAY
Friday, May 10	K-3 <sup>rd</sup> - Field Trips
May 6-17	Secondary - RISE Testing - 7 <sup>th</sup> & 8 <sup>th</sup> Grades, Aspire Plus - 9 <sup>th</sup> Grade
May 6-17	Elementary - Core Knowledge Testing

### UPCOMING EVENTS

Thursday, May 16	Volunteer Assembly - 8:15 am
Thursday, May 16	9 <sup>th</sup> grade Formal Dinner and Ball at La Caille - 4:30-10:00 pm
Friday, May 17	Lights Off! - 3:30-5:30 "Around the World 180 Days"

### Curriculum Deadlines

May 3- Last day to check out library books  
**May 15- All library books due**  
 May 22- Secondary periods 1-3 books due  
 May 23- Secondary periods 5-8 books due  
 Kindergarten group books due  
 May 24- 1-6 grade group books due

## April's Builder's Theme: "I am a Builder when I am facing Obstacles

With Determination &

Positivity"





**2019-2020 Enrollment** - We still have available spaces for new students at our West Valley 1 Campus in our 4<sup>th</sup> & 5<sup>th</sup> grades for next year. We are doing school tours every Thursday morning, directly following our Elementary assembly at 8:15am

### **WHITE RIBBON WEEK**

April 15-19 was our first "White Ribbon Week" where our students (and staff and parents!) learned about making safe and healthy media choices. The theme was "I've got the power over my media choices!" and each day we focused on a "power boost" message with a lunch time presentation and a short activity:

1. "I have the power to not view embarrassing pictures or share hurtful words!" We learned about empathy on this day and how everyone deserves respect. We can make someone feel great OR terrible by the things we view or post online. We will choose empathy and respect!
2. "I have the power to turn it off!" We can turn off the TV if we've watched it too long! We can shut off the computer if something is making us feel bad or gives us an "uh-oh" feeling. We will act quickly!
3. "I have the power to tell a trusted adult!" If something makes us feel worried, scared, confused or uncomfortable, we will talk to a trusted adult. (Parent, teacher, grandparent, mentor.)
4. "I have the power to ask before I download!" We learned that not everything is as it appears to be. You can't tell if a website is safe just by looking at it. We will ask our parents before we download to help protect us against dangers you can't see at first.
5. "I have the power to help my friend make safe choices online!" When everyone helps each other, we can all be safe and have fun. We will use what we've learned to help other people stay safe too.

Thank you to all who were involved in bringing this program to our campus! And thank you to the parents who were able to attend the White Ribbon Parent meeting and for all of you who took the time to discuss these important topics with your students. We all have the power to make a difference!

### **District Art Show Winners**

#### Elementary

- First Grade - Esalina Maumau
- Second Grade - Cassiopeia Workman
- Third grade- Destiny Martinez Maciel
- Fourth Grade - Natalie Mendoza
- Fifth Grade - Jarron Watson
- Sixth Grade - Kylee Fan

#### Secondary

Mina Trinh **Taking First Place in all Junior high**

### **END OF YEAR TESTING**

Our end of year testing is about to begin and the kids are getting ready to begin. The testing consists of the RISE test - the state mandated testing that will replace the SAGE test for 3<sup>rd</sup> - 8<sup>th</sup> grade. SAT for K-2<sup>nd</sup> grades, and Aspire+ for 9<sup>th</sup> grade.

Elementary also will do the Core Knowledge test. The testing schedule is as follows:

- April 22<sup>nd</sup> - 26<sup>th</sup> - K - 2<sup>nd</sup> - SAT, 3<sup>rd</sup> - RISE
- April 29<sup>th</sup> - May 3<sup>rd</sup> - 4<sup>th</sup> - 6<sup>th</sup> - RISE
- May 6<sup>th</sup> - 17<sup>th</sup> - Jr. High - RISE & Aspire+
- May 6<sup>th</sup> - 17<sup>th</sup> - Elementary - Core Knowledge

Here are some great tips to help your students continue to do their best:

- ✓ Please assist them in getting a good night's sleep. Elementary students do best with 9-11 hours of sleep, while Junior High students need 8-9 hours of sleep. TV and computer screens just before bedtime can make it hard to fall asleep, so please limit these. Dimmer lights during this time can also help.



- ✓ Make sure they eat a wholesome breakfast high in proteins, whole grains, vitamins, and healthy Omega 3 fats that can be had from nuts, seeds, fish, and eggs.
- ✓ Testing will start first thing in the morning when your students' brains are at their best, so please make sure they get to school on time or even a few minutes early.
- ✓ Please, do not check your students out of school, unless it is an emergency. Dental appointments, for example, are not emergencies. Being absent during this time means they will be doing makeup testing while their friends are participating in fun end of the year culminating activities.
- ✓ And finally, encourage your students, but please do not add to their stress level by YOUR stress level.

Snack Donations! To keep our students on their best game, we will be giving students healthy and easy to eat pre-test snacks. Examples of these are: whole grain and granola bars, fruits, such as grapes, apples or bananas, or cheese sticks. We're asking parents to donate a package of healthy snacks, if possible, to their students' classrooms. Please remember, these are not substitutes for a great breakfast.

### **Parent Advisory Committee Elections**

We are in the process of creating our Parent Advisory Committee (PAC) for the 2019-20 school year. PAC participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent and other matters important to our students at American Preparatory Academy. We have 2 parent PAC positions to fill at APA-West Valley 1. Parents of students who are employed 6 or more hours per week at the school are disqualified from participating as an elected parent.

The PAC generally meets 3-4 times per year. Members of the PAC will be expected to participate in all of these meetings so that a quorum may be present to conduct business. There are no term limits, so long as an elected parent has students enrolled in the school, is actively participating, and wishes to continue to do so.

These are the anticipated meeting dates, times, and places for the 2019-20 school year. **It is vital that you attend all three meetings if you are a member of the PAC. We must have a quorum in order to hold a meeting.** Failure to do so may result in the loss of your seat on the Committee.

1st Meeting at West Valley 1 will be on Friday September 20<sup>th</sup> at 10:00 AM.

2nd Meeting at West Valley 1 will be on Friday, March 20<sup>th</sup> at 10:00 AM.

3rd Meeting (Annual School Planning Meeting) This meeting will most likely be held in August after we get State Testing results back.

If you are interested, please contact Katie Fuller, [landtrust@apamail.org](mailto:landtrust@apamail.org), no later than Friday, May 10th, 2019, at 4pm. *Please include your name, the campus you are running for, a little campaign blurb, your students name and grade, your phone number and email address.*

• **We are holding elections at more than one campus, so it will be very important that you note in your email which campus' PAC you are running.** The ballot will go home in the last page of the May 16th newsletter. Each family may vote for two candidates, as we have two positions open. Ballots must be returned to the school before 4pm on May 24th. The candidates who receive the most votes will be posted in the May 30<sup>th</sup> newsletter.

### **APA-Spirit Wear Days - April 26, May 3, May 10, May 17, May 24 & May 31**

Go to our Online APA Apparel: <http://www.americanprep.org/store/>. You will receive an email when your online order is ready for pick-up. You will be able to pick your order up at the main office of your campus during school hours. Please allow a minimum of two weeks for processing online orders, and only come to the office when you have been informed that your order is ready!



## **REMINDER - ORDER SCHOOL LUNCH FOR APRIL**

It is time to order lunches for the rest of the school year! the link for online ordering can be found here: Go to <https://apalunch.h1.hotlunchonline.net/> and login. Please contact [lunch@apamail.org](mailto:lunch@apamail.org) with questions or concerns.

## **Job Openings in WV1 Campus - More information at [americanprep.org/careers/](http://americanprep.org/careers/)**

Afterschool Collegium Hall Mentor \$12/hr. Go to <https://www.americanprep.org/careers/>

## **FSO - FAMILY SCHOOL ORGANIZATION**

### **Volunteers Needed May 3rd & 4th**

We're almost to the end of the school year! At the end of every year, our 7th and 8th grade students are able to participate in what we call a Culminating Ball - a big dance/dinner where they are able to use all the skills they've learned in the Ambassador program throughout the year. These Culminating Balls are SO fun... but also SO much work!

#### **WE NEED YOUR HELP!**

**Can you help us wash dishes, plate food, put away tables, stack chairs and vacuum classrooms?**

**Volunteers are DESPERATELY NEEDED on Friday May 3rd at 6:00 and Saturday May 4th at 4:30 at the WV1 campus (1255 W. Crystal Ave. WVC, 84119).** We'll be there all night on both nights (until around midnight) so we can use your help - even if it's just an hour! Let Mrs. Stevens know if you can help [hstevens@apamail.org](mailto:hstevens@apamail.org).



### **9th Grade Make a Difference Day**

Our 9th grade students participated in Make a Difference Day this week! We visited a Head Start preschool to volunteer and serve at-risk students who come from families below the poverty level. Our 9th grade curriculum is geared towards peer mentorship, so our 9th grade got to be mentors to the students, as they did crafts with them, read to them and played games. Thank you to our parent volunteers who came with us!

### **5th and 6th Western Round Up**

Our Round Up was a fantastic event this week for our 5th and 6th grade students! They have mastered their dining etiquette and flashed back in time with their boot scooting dancing skills! They learned how important hard work is for today as well as the future and how to become a better friend. Thank you to our wonderful parents that volunteered and helped our event be successful! Test their knowledge with the following quiz:

1. What's the first rule about meeting new people? (Hint: It helps break the awkward silence.)
  - a. Wait to be introduced
  - b. Introduce yourself first
  - c. Ignore them
  - d. Use a silly voice to break the awkward silence
2. Finish the sentence: At APA, everyone is everyone's \_\_\_\_\_.
  - a. Rival
  - b. Acquaintance
  - c. Study Partner
  - d. Friend
3. When using Zig-Zag cutting style, what do you do with your knife after you have cut a bite?
  - a. Keep it in your left hand
  - b. Keep it in your right hand
  - c. Place it on your plate, blade facing you
  - d. Place it on your plate, blade facing away



4. If someone is angrily yelling at you, what is a good way to react?
  - a. Get angry back, they deserve it!
  - b. Ignore them, they are sure to give up eventually.
  - c. Think about what they are saying and calmly respond.
5. Before you start working, you should come up with a(n) \_\_\_\_\_.
  - a. Excuse
  - b. Plan
6. What is the purpose of manners?
  - a. To make yourself look better than everyone else.
  - b. To impress your parents.
  - c. To make everyone feel comfortable
7. True or False? When you assume goodwill, you assume everyone is trying their best.
8. When you first sit down at a table, what should you do with your napkin?
  - a. Tuck it in your collar
  - b. Leave it under your fork
  - c. Put it on your chair
  - d. Put it in your lap
9. What is the first step in setting a goal?
  - a. \_\_\_\_\_
10. Which of the following does not help you reach your goal?
  - a. Read your goals every day
  - b. Keep a journal and record your progress
  - c. Want it really bad
  - d. Surround yourself with people who encourage you and help you work hard

### **CULMINATING BALL SEASON FOR ALL SECONDARY!**

Next week our 7th and 8th grade students have their Culminating Balls! Make sure your student knows their **assigned time**. They should all have an invitation with the time and address on it. If you have ANY questions, please contact the jr. high office or Mrs. Stevens!

#### 7th Grade Balls

11:30pm - 2:30pm OR 3:30pm - 6:30pm (as assigned)

Utah Cultural Celebration Center

1355 W 3100 S, West Valley City, UT

#### 8th Grade Dinner and Ball

5:00pm - 10:00pm

Dinner starts at WV1, students transported to dance @ UCCC

Dance at Utah Cultural Celebration Center

1355 W 3100 S, West Valley City, UT

**\*\*Don't forget about the parent honor dance! Come 20 minutes prior to the end of the ball to dance with your student!**

### **9th Grade Dinner and Ball at La Caille**

Our 9th grade students have their end of year dinner and ball at the french restaurant, La Caille on Thursday, May 16th. Invitations will be sent home with all the information you need, including the address. Please make sure your students arrive on time. The parent honor dance is at 9:40pm.

**Remember the ball is MANDATORY for students' 4th period grades.**



## Parent Dance Social

On **Thursday, April 25th** parents are invited to learn a few simple dances to prepare themselves for the parent honor dance held for **7th-9th grade students** the night of the assigned ball. Come to the Multipurpose Room from **5:00-6:00pm.** and learn from the best, Brandon Perry, our ballroom instructor. You can dance with your student, spouse or date. Students are not required to attend. It will be a fun night!

## JUNIOR HIGH NEWS

### AFTER-SCHOOL PROGRAMS

#### **Sistema, Collegium Hall & Clubs**

Mon, Tues, & Fri - 3:25 - 6:30pm/ Wed & Thurs - 2:25 - 5:30pm

Afterschool Phone: (801)839-3613 Ex 0044

### Collegium Hall

Collegium Hall is off to a great start! If you are serious about getting your homework done please join us right after school, with your mentors Mr. C, Mrs. C, Ms. Haslam, Mrs. Gallardo, Ms. Gallardo, Mr. Langford, and Mr. Miller. As always, arrive on time to receive a snack.

We are in the process of hiring afterschool mentors: Afterschool Collegium Hall Mentor \$12/hr. Go to <https://www.americanprep.org/careers/> for more information.

### CLUBS

- **Board Games & Magic the Gathering** - Tuesday, 3:50-5:30pm - 6<sup>th</sup>-9<sup>th</sup> Grades - Room 138 - Mr. Christiansen
- **PE** - Last Wed of each month - 2:30-3:30pm - 6<sup>th</sup>-9<sup>th</sup> - Gym - Mrs. Western - March 27, April 24, May 22.
- **Robotics** - (Club full) - Thursday, 2:50-4:00pm - 4<sup>th</sup>-8<sup>th</sup> - Room 101 - Mrs. Deplace
- **Stage Productions** - Tues/Fri - 4:00-5:00pm - 4<sup>th</sup>-9<sup>th</sup> - Room 102 - Ms. Denison
- **Yearbook** (Photographers needed) - Every other Tuesday (Starting 11/27) - 4:00-5:00 pm - Rm 144 Mrs. Eddards (Average grade of C or above)
- **3-D Printing Club**- Starting Wednesdays - March 13 - 2:30-4:30 - Room 138 Mr. Law (Jr. High only)



We are so excited about the many opportunities our Sistema students have coming up! Some of our students are getting ready to perform an opera they wrote themselves! We can't wait to share our final concert with you so you can see how much the students have learned this year! On the last days of Sistema, we will be having WV1's very first Sistema Festival, in which each student gets an opportunity to perform a solo! With all these, and even more exciting opportunities fast approaching, each student needs to attend their instrument class at least 4 times a week, so they can be successful and enjoy these awesome performance opportunities!

#### **Sistema Calendar:**

- May 6<sup>th</sup> - 8<sup>th</sup> - Sistema Dress Rehearsals
- May 9 - **Sistema Final Concert - 5:30**
- May 10 - **Sistema Fun Day**
- May 17 - **Lights Off - 3:30-5:30** "Around the World 180 Days" -- **NO SISTEMA**
- May 29 - **Last Day of Sistema**