



**SUMMER BREAK
JUNE 2 - AUGUST 19**

West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

Thursday, May 31 Last Day of Sistema and Collegium Hall - Storytime Showcase - 5:00 - 5:30 pm
Sistema Registration Parent meeting (with showcase): Registration will open this day.

Friday, June 1 LAST DAY OF SCHOOL - **12:15 DISMISSAL**
***On Friday, June 1st, our last day of school, we will have our flag ceremony and students will stay outside at carpool to meet their parents afterward - 12:15pm.**

SUMMER DATES

Monday, July 2 Office Hours - Monday - Thursday - 9:00am - 1:00 pm
2018-2019 Jr. High Fees can be accepted in the Jr. High office
2018-2019 Lunch forms can be accepted in the main office

Friday, August 10 Elementary Meet & Greet - TBA
Jr. High Orientation Day - TBA

Monday, August 20 First Day of School - 8:15 am

Tuesday, August 21 Back to School Night - Secondary - TBA

Wednesday, August 22 Back to School Night - Elementary - TBA

June Builder's Theme

"I am a Builder when I Respect My Body and Mind"

Cheap Ways to Entertain Kids During Summer Vacation *Posted by Julie Bigboy*

With summer fast approaching, you need fun and creative ways to entertain the kids without breaking the bank. Here are dozens of ways to amuse them all (from babies to big kids!) without spending a lot.

Create a Summer Bucket List

At the start of summer vacation, have everyone in the family give you input on the things they'd like to do during vacation. I have four kids, aged 1 to 13. My teenage son has requested we play basketball as a family. My preschooler wants to go to the beach and build a sandcastle. My teen daughter would like to learn how to use a sewing machine and sew up a few projects during the break. We're writing them all down on a list and hope to complete them all over the summer!

Make a Splash

Waterplay and summertime go together like ice cream and sprinkles! If you don't have your own swimming pool, here are some ways to cool off and get wet:

- Soak small sponges in a bucket of water & throw them at each other.
- Create quick-disappearing sidewalk art using a plastic cup filled with water and an old paintbrush.
- Visit a local splash pad or community pool.
- Run through the sprinklers while watering the lawn.
- Get your swimsuits on and have a bubble bath party in the tub!

Have a Set Schedule That Allows Flexibility

Having a general schedule in place helps our vacation days run more smoothly. I'm much happier with a schedule so I know my kids aren't going to be tempted to watch television all day. Also, my kids like to know what we're doing that day so they aren't asking me a hundred times! If I have a schedule for them to refer to, attitudes are much more cooperative. I start by referring to our local community calendar so I'll know what activities are happening that week. I print out a calendar for the month and fill in the days with the daily happenings (Story time at the library on Monday, open gym on



Tuesday, picnic in the park on Wednesday, etc.) I post the calendar on the fridge so my kids can see what we have going on that week.

Don't feel like you have to fill each moment of the day, however. Allow free time for reading, free play, and napping in between activities.

Stay in the Shade

Some days, it's just too warm outside for adventure or excursions. Last year, my daughter was only a few months old, so we spent most of our summer months inside the house. There are some fun things you can still do inside:

- Build an extreme fort using blankets, chairs and pillows. Snuggle inside with books and a snack (maybe even take a nap!)
- Play balloon games. How many taps can you make on the balloon without letting it touch the ground?
- Pull out your favorite family board games or puzzles. Trade games with another family for a week so you'll have some new games to play.
- Host an art session. I've set up still-life displays and had each of my children draw what they see. I love to see how each child interprets the same scene.
- Make no-bake desserts like a fridge pie or smoothies.
- Have a movie afternoon. Time to pull out a classic Disney film, munch popcorn and enjoy a favorite flick.

Get Moving with Family Exercise

Get out of the house and enjoy a good workout at the same time. Use caution when exercising outside in very hot weather. Early mornings and late afternoons before the peak heat of day are ideal. Bring plenty of cool water and a towel for wiping sweat. Here are some ideas to get you outside and moving:

- Have a ball. Shoot hoops at the basketball court. Kick around a soccer ball. Lob pitches to your kids with a baseball to let them practice their swing. Give little ones a big bouncy ball to throw and retrieve!
- Get off the park bench. Kids love it when Mom and Dad join their play.
- Ditch the car and walk or bike instead. If you live close enough to the park or store, don't drive. Almost daily, I walk my baby daughter in her stroller and let my preschooler ride his bike alongside me.
- Have a scavenger hunt. Make a list of easy things to find at the park that kids can collect in a bag (a green leaf, a pinecone, etc).
- Make a play date with friends. Have each person bring a fun outdoor activity to share, like a hula hoop, beanbag game, or bubbles

Find Cheap or Free Places to Visit

Many kid-friendly locations will offer specials or discounted rates during the summer to attract families on break.

The local libraries often have great kid's programs during the summer. Our library offers regular events like story time as well as special activities like concerts and live shows.

Check out local indoor playgrounds for summer specials.

Our city museums have a rotating schedule of days during the week when entry is free. Check with your local community and see if something like that is offered as well.

Many movie theaters offer \$1 kid-friendly double-features during summer afternoons.

Create Themed Weeks

If you choose a theme for each week of the break, this can create more of a "summer camp" atmosphere on the cheap. For instance, a theme of "Farm" could mean that you choose books at the library about farming, plant seedlings in a pot, visit a local farm or garden, and bake a pie with fresh berries from the farmer's market. Other theme week ideas could be "Circus," "Outer Space," "Zoo," "International Travel," or "Art."



Leave Free Time for Boredom

Don't feel that you need to schedule every single moment of your children's summer vacation. Boredom is okay... it's actually a good thing! Some of my most creative moments as a child came in the throes of summer boredom. Allow free time for your kids to entertain themselves.

2018 Governor's Summer Reading Program - We are pleased to announce the 2018 Governor's Summer Reading Program, "Read with the Bees." We are partnering with KSL Read Today, The Utah State Library Division, and the Salt Lake Bees. Be part of the largest summer reading program in Utah! Registration begins on June 1st.

How to play - get your game board at ReadToday.com. For each day you read for 20 minutes, color in a baseball on the game board. Each one brings you closer to a base.

First base: A mood changing pencil

Second base: A book from Seagull Book

Third base: A McDonald's Happy Meal

Home plate: Tickets to the Salt Lake Bees baseball game on August 14

Report by July 31

For more information about this partnership and how to sign up for the Summer Reading Program, visit www.readtoday.com and click on SUMMER READING.

SUMMER "STAY-SHARP" PACKETS

Each student has received a "Summer Stay-Sharp" packet with work to be completed over the summer break. Check your student's backpack if you haven't seen this emerge yet! This is REQUIRED work that will be turned in on the first day back to school in August. Directions and materials are included in each packet.

Summer Withdrawal

We know that there may be some families or students who find they will not be able to return to American Preparatory Academy next year. Please remember to let us know as soon as your decision becomes official. We have many families on our wait list that would love to attend APA and who would like to know as soon as possible.

Our office will be open Monday through Thursday 9:00 am – 1:00 pm during the summer months. Mrs. Hernandez is also available through email anytime at mhernandez@apamail.org. or Mrs. Oveson at loveson@apamail.org. If your family or student(s) decides to withdraw, we must have two withdrawal forms signed and the Summer Stay Sharp packets returned.

Name Tags - Please remember our uniform policy when it comes to the *nametags* —they are a part of the uniform. If your student has lost theirs, now is a great time to get a new one ordered so it will be waiting for them in the first week of school. Replacement tags are \$5—payable to either the front office or Jr. High office. Magnet backs are \$1.

Medication - If your student has medication at the office, please come by the office to pick it up before school gets out Friday, June 1st.

Memorial Day "Buddy Poppy"

As part of our Memorial Day Celebration, each of our students were given a "Buddy Poppy" to wear for the day and to take home. These artificial poppies have been a symbol of fallen and wounded veterans since World War II. They are traditionally sold on street corners by veterans, and donations received in return for these artificial poppies have, over the years, helped countless veterans, widows, widowers and orphans of fallen soldiers. The poppy itself continues to serve as a perpetual tribute to those who have given their lives for our nation's freedom. We encourage each of our students to find a way to contribute to this fund this year. Our school will be accepting donations for our veterans until June 1st. Your donation will be greatly appreciated.



Mandatory Survey:

Each family MUST complete this survey! It is a great way for you to help us understand what you think about the school. This information is very valuable to our staff and we cannot emphasize enough how much we appreciate you returning them in a timely manner. Every year, when you sign your Acceptance of Policy, you agree to participate in this survey process. Thanks!
18-19 Parent's surveys

https://docs.google.com/forms/d/1zOGr0GjAzwkUHgFjXpJvapngGmQ_q6_F0mFK02Dd8us/edit?usp=sharing_eil&ts=5ae38059

WV1 Secondary

https://docs.google.com/forms/d/1d-nnEtePUzqI5VXaNyYphgLxmGQoiXlv4UxCtCpVafA/edit?usp=sharing_eil&ts=5ae3804a18-19

Elementary Survey

https://docs.google.com/forms/d/1ooNlyRvdvdBjf4Lf6i9mjcrBADcqm4UdDimMDPIQPv0/edit?usp=sharing_eil&ts=5ae38038

Lost & Found: the LAST CALL

Please come take one final look at our grand collection of lost and found items. At the end of Friday at 1:00 pm. We will be contributing remaining uniform items to the Uniform Sale and be donating the rest. As you are acquiring new clothing items this summer, PLEASE, PLEASE, PLEASE label everything with your student's name. It will take a little mystery and adventure out of your life...("I wonder where that sweater vest went? Hmmm...what a mystery. But wait! Hurray! I get to go on a search and rescue operation in the lost and found bins at school!")...but you just might appreciate a little less of that!

VOLUNTEER CORNER Total Volunteer Hours - 4555 Hours

Thank you to all of our wonderful volunteers who have helped in so many different ways this year! We just couldn't do what we do without all of your efforts! If you were unable to attend the "Volunteer Appreciation" assembly, please stop by the main office. We have a pin—just a small token of our appreciation--that we would like to give you.

JUNIOR HIGH NEWS

AFTER-SCHOOL PROGRAMS (Sistema & Collegium Hall)

Collegium Hall

Collegium Hall has had a great year! We are excited to announce that our 7th graders have won the prize for the most completed assignments. They won a wonderful pizza party and a fun movie. Over the whole year our collegium hall students completed around 10,000 assignments. That is amazing!!

Sistema MAKE A NOTE!

Calendar:

- May 31: Last Day of Sistema and Collegium Hall
Sistema Storytime Showcase 5:00-5:30 pm
Sistema Registration Parent meeting (with showcase): Registration will open in July.
- June 26: Sistema Strings Rehearsal for Draper Philharmonic performance (time TBA)
- June 31: Sistema Strings Performance with Draper Philharmonic
- July 2: Sistema Strings Performance with Draper Philharmonic

Thank you for all your support with all of our after school events this year. Lights Off was a huge success and our Spring Concert was beautiful. We look forward to Sistema next year and all the new changes to make us even better.