



## School Calendar – WV1 Campus

May 3, 2018

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>  
West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

May 7-11 - Mon- **Early Dismissal-12:15**, Tues & Friday - 8:15 – 3:25/3:50 2<sup>nd</sup> Dismissal  
Wed & Thurs – 8:15 – 2:25/2:50 2<sup>nd</sup> Dismissal

Friday, May 4	Spirit Day - Wear Spirit Wear
May 7-11	Core Knowledge Testing - Elementary
Monday, May 7	Professional Development - <b>Early Dismissal</b> - 12:15 pm- <u>All Students</u> - <b>No Sistema or Collegium Hall</b>
Tuesday, May 8	DIBELS Testing - Elementary
Thursday, May 10	Sistema Concert - 5:30 pm
May 14-25	Jr. High SAGE Testing
Tuesday, May 15	9 <sup>th</sup> Grade Formal Dinner and Ball at La Caille - 4:30-10:00 pm
Tuesday, May 15	4 <sup>th</sup> -6 <sup>th</sup> Field Trips - (See schedule below)
Thursday, May 17	Volunteer Assembly - 8:15 am
Thursday, May 17	Junior High Music Concert - 7:00 pm
Friday, May 18	Fun Run for Africa fundraiser - 6:00-8:00 pm, 1600 East Highland Drive (13675 S), Draper
Monday, May 21	Lights Off! Event - 3:30 - 5:30 pm - For the Whole Family!
Wednesday, May 23	9 <sup>th</sup> Grade Make a Difference Day
Friday, May 25	K-3 <sup>rd</sup> Field Trips (See schedule below)
Friday, May 25	Kindergarten - Last Day of School
Monday, May 28	MEMORIAL DAY - NO SCHOOL
Wednesday, May 30	Elementary Field Day
Thursday, May 31	Jr. High Field Day
Friday, June 1	LAST DAY OF SCHOOL - <b>12:15 DISMISSAL</b>

### May Builder's Theme

### "I am a Builder when I am Utterly Reliable"

#### How to be a reliable person

Being reliable is an important building block in the foundation of your life. We have all experienced reliable and unreliable people. We admire the reliable, and avoid the unreliable. So how do you become a person worthy of admiration?

**A reliable person forges deeper relationships.** Relationships are built on trust; without them, they wither and die. Being reliable builds that trust – your friends and loved ones know that they can count on you to keep your word, be there when you say you'll be, and do what you say you'll do. They feel secure that you'll be the same person day after day, no matter what happens.

**Reliable people receive greater opportunities.** When people see that you can be relied upon, they will give you more challenging tasks and responsibilities that will in turn allow you to grow, learn, and become a leader. A boss promotes a reliable employee to higher positions; the professor offers research opportunities to the reliable student; the team picks the reliable person as its captain.

**Reliable people have more freedom.** Reliable people receive much less supervision and are given greater responsibility over time. People come to depend on him or her to get the job done, even if given the roughest outline of what needs to be done.

**Reliable people live with confidence, integrity and clear consciences.** They keep their promises, and obligations. Not only can other people count on them, but a reliable person can count on themselves. This breeds the courage and confidence one needs to take on greater challenges and adventures.

**The reliable person leads a simpler life.** When you're the same person every day, in every situation, one doesn't need to make up excuses for breaking promises, or live with the regret of letting others down.



## **Heroes for Africa & Fun Run**

We are excited to help our sister school in Africa with their needs. We have a goal to earn \$2000 as a campus and so far we are well below that mark. Here are a few incentives; \$5=Free Sock Day, \$10=Spirit Wear Day, \$30=Jeans Day, \$125=Your Choice of T-Shirt from the Spirit Wear Store, and if you donate \$500 your student can wear spirit wear for the rest of the year. Here at WV1, in Jr. High, Mr. Sheneman will take a tardy off of your student's attendance record for every \$5 donated to Heroes for Zambia.

We would also love for you to join us on Friday, May 18th at 6pm for a 5K and 1K Fun Run. The run starts at Andy Ballard Arena - 1600 East Highland Drive (13675 South), in Draper. You can register at [www.irunutah.com/apa](http://www.irunutah.com/apa). The registration fee is only \$10 and all race registrants will receive a Fun Run T-Shirt, which you will be able to wear for Spirit Days. There will be food trucks, a silent auction, FM 100.3, and awards for top finishers given. We would love to show our support to our family in Africa! If you have questions, please come see Mr. Sheneman in the Jr. High office.

Thank you for all that you do in helping those who are in need. If you would like more information you can talk to Mr. Sheneman or you can click on these links:

Video: <https://youtu.be/D85D7HtjxRo>

Registration: [www.irunutah.com/apa](http://www.irunutah.com/apa)

## **END OF YEAR TESTING**

Our end of year testing is underway and the kids have dug right in. Here are some great tips to help your students continue to do their best:

- ✓ Please assist them in getting a good night's sleep. Elementary students do best with 9-11 hours of sleep, while Junior High students need 8-9 hours of sleep. TV and computer screens just before bedtime can make it hard to fall asleep, so please limit these. Dimmer lights during this time can also help.
- ✓ Make sure they eat a wholesome breakfast high in proteins, whole grains, vitamins, and healthy Omega 3 fats that can be had from nuts, seeds, fish, and eggs.
- ✓ Testing will start first thing in the morning when your students' brains are at their best, so please make sure they get to school on time or even a few minutes early.
- ✓ Please, do not check your students out of school, unless it is an emergency. Dental appointments, for example, are not emergencies. Being absent during this time means they will be doing makeup testing while their friends are participating in fun end of the year culminating activities.
- ✓ And finally, encourage your students, but please do not add to their stress level by YOUR stress level.

Snack Donations! To keep our students on their best game, we will be giving students healthy and easy to eat pre-test snacks. Examples of these are: whole grain and granola bars, fruits, such as grapes, apples or bananas, or cheese sticks. We're asking parents to donate a package of healthy snacks if possible to their students' classrooms. Please remember, these are not substitutes for a great breakfast.

## **Mandatory Survey:**

Each family MUST complete this survey! It is a great way for you to help us understand what you think about the school. This information is very valuable to our staff and we cannot emphasize enough how much we appreciate you returning them in a timely manner. Every year, when you sign your Acceptance of Policy, you agree to participate in this survey process. Thanks!  
18-19 Parent's surveys

[https://docs.google.com/forms/d/1zOGr0GjAzwkUHgFjXpJvapngGmQ\\_q6\\_F0mFK02Dd8us/edit?usp=sharing\\_eil&ts=5ae38059](https://docs.google.com/forms/d/1zOGr0GjAzwkUHgFjXpJvapngGmQ_q6_F0mFK02Dd8us/edit?usp=sharing_eil&ts=5ae38059)

WV1 Secondary

[https://docs.google.com/forms/d/1d-nnEtePUzqI5VXaNyYphgLxmGQoiXlv4UxCtCpVafA/edit?usp=sharing\\_eil&ts=5ae3804a18-19](https://docs.google.com/forms/d/1d-nnEtePUzqI5VXaNyYphgLxmGQoiXlv4UxCtCpVafA/edit?usp=sharing_eil&ts=5ae3804a18-19)

Elementary Survey

[https://docs.google.com/forms/d/1ooNlyRvdvdBjf4Lf6i9mjcRBADcqm4UdDimMDPjQPv0/edit?usp=sharing\\_eil&ts=5ae38038](https://docs.google.com/forms/d/1ooNlyRvdvdBjf4Lf6i9mjcRBADcqm4UdDimMDPjQPv0/edit?usp=sharing_eil&ts=5ae38038)



# AMERICAN PREPARATORY ACADEMY

## End of Year - "Show-What-You-Know" Programs

Kindergarten - Friday, May 25<sup>th</sup> - 8:15 am  
1<sup>st</sup> Grade - Thursday, May 24<sup>th</sup> - 6:00 pm  
2<sup>nd</sup> Grade - Tuesday, May 22<sup>nd</sup> - 6:00 pm  
3<sup>rd</sup> Grade - Wednesday, May 23<sup>rd</sup> - 6:00 pm  
4<sup>th</sup> Grade - Wednesday, May 23<sup>rd</sup> - 7:00 pm  
5<sup>th</sup> Grade - Thursday, May 17<sup>th</sup> - 6:00 pm  
6<sup>th</sup> Grade - Tuesday, May 22<sup>nd</sup> - 7:00 pm

### Field Trips

#### 4<sup>th</sup> - 6<sup>th</sup> Grades - Tuesday, May 15<sup>th</sup>

4<sup>th</sup> Grade - Mining Museum in Park City/Utah State Ecosystem Center - 8:45 am - 3:30 pm - Full Uniform w/tennis shoes

5<sup>th</sup> Grade - Camp Floyd - 8:30 am - 3:00 pm - Friday Uniform w/tennis shoes

6<sup>th</sup> Grade - Weber State University - 8:15 am - 3:00 pm - Full Uniform

#### Kindergarten - 3<sup>rd</sup> Grades - Friday, May 25<sup>th</sup>

Kindergarten - Hogle Zoo - 9:30 am - 2:30 pm - Full Uniform

1<sup>st</sup> Grade - Aquarium - 9:30 am - 2:30 pm - Full Uniform

2<sup>nd</sup> Grade - Spanish Fork Krishna Temple - 8:20 am - 1:00 pm - Full Uniform

3<sup>rd</sup> Grade - Salt Lake City Landfill/ Davis County Water Treatment - 9:00 am - 3:00 pm - Full Uniform

### Curriculum & Library Book Dates - Please check at home to make sure all your students books are returned on time!

- ⇒ Friday, May 4 - Last day to check our library books
- ⇒ Wednesday, May 16 - **ALL LIBRARY BOOKS DUE**
- ⇒ Wednesday, May 23 - Secondary - Periods 1-3 - All Books due
- ⇒ Thursday, May 24 - Secondary - Periods 4-8 - All books due
- ⇒ Thursday, May 24 - Kindergarten group books due
- ⇒ Friday, May 25 - Elementary - 1<sup>st</sup> - 6<sup>th</sup> - group books due

### Lights Off! Family Event

May 21<sup>st</sup> 3:30-5:30 pm

There will be bounce houses, games, free food and crafts. Please bring your whole family to this fun end of the year celebration. Come dressed in your best 1950's attire. All Sistema students will be performing at this event. No Afterschool programs due to the event. We are looking for volunteers to help out with this amazing event, please email Ms. Shepherd ([sshepherd@apamail.org](mailto:sshepherd@apamail.org)) or Mrs. McCullough ([cmccullough@apamail.org](mailto:cmccullough@apamail.org)).

**Lost & Found** - We have several items in the lost & found bucket to the point of overflowing. If you know your child has misplaced or lost something, and would like to make sure that it's retrievable, please come over and check it before it gets donated to Good Will at the end of the school year.



# AMERICAN PREPARATORY ACADEMY

**BIG SMILES** - We are so excited to announce that BIG SMILES, a convenient in-school dental program, will be coming again to West Valley 1. On Thursday, April 26, "Big Smiles" permission slips, with more information, were sent home attached to each student's learning plan. Please fill out the form, sign it, and return it to school as soon as you can. Utah Licensed dentist will be performing their services on Monday, May 21<sup>st</sup>. If you have any questions, feel free to email Jesenia Rivera at [jrivera@apamail.org](mailto:jrivera@apamail.org).

## **Help Friends of APA Spread Love to our Staff!**

Donate or sign up to serve our wonderful staff Breads and Spreads on May 21st! We are looking for donations AND volunteers. Come spend an hour or more from 10:00 am-2:00 pm serving bread and getting to know our wonderful staff OR donate artisan and sweet breads (i.e. Great Harvest/Village Baker), bagels, or pastries as well as honeys, jams, and flavored butters. Click here to sign up: <https://www.signupgenius.com/go/20f0e4ca9ad22a7fc1-bread> Sponsored by Friends of APA.

## **School Lunch** -

The deadline to order lunches for this year was April 25<sup>th</sup>. If you did not get online and order your child's lunch, you will need to send your student with a lunch. If you have any concerns or questions, please contact Kristine Stevens at [kstevens@apamail.org](mailto:kstevens@apamail.org) or 801-839-3613.

## **Fruits & Vegetables - Strawberries**

Strawberries are one of the most popular and favorites of all fruits. They can be grown in almost any region where during part of the year there is a warm climate. One interesting characteristic of strawberries is that they carry their seeds on the skin rather than inside the fruit. Strawberries are consumed in many different ways. They are eaten raw, used in jams, desserts, pies to name a few.



FSO

## **Family School Organization**

Antonia Oviñedo – 801-661-8725 – [anny1977@live.com](mailto:anny1977@live.com) (left)

Julia Soledad – 801-574-5523 – [edyjuliasld@hotmail.com](mailto:edyjuliasld@hotmail.com) (right)

**Volunteer Raffle** – Remember to keep picking up your tickets for the Volunteer Raffle, but most important is recording your **VOLUNTEER HOURS** on your **COMMUNICATION FOLDERS!** The raffle will be at the Volunteer Assembly on May 17<sup>th</sup> at 8:15 am.

**Box Tops** – Congratulations to our winner for our final Box top contest is 6<sup>th</sup> grade, Mrs. Young's class! They will be receiving a balloon party, learning how to make balloon animals. Thanks to all that have helped out this year in sending box tops all year long. We have been able to receive over \$400 for our school this year. This will be money well spent.

## **English Classes every Monday, Wednesday!**

English classes have had such a great start and are being enjoyed by everyone who has come! Bring your friends and come have fun learning English. These community classes are free and open to everyone who would like to improve their English skills. The days and times are: Monday and Wednesday @ 8:30-9:30 am. Please contact Mrs. Meyerson if you have any questions! [bmeyerson@apamail.org](mailto:bmeyerson@apamail.org).

## **AMBASSADORS**

### **9th Grade Dinner and Ball at La Caille**

Our 9th grade students have their end of year dinner and ball at the french restaurant, La Caille on Tuesday, May 15th. Invitations went home with all the information you need, including the address. Please make sure your students arrive on time. The parent honor dance is at 9:40pm. **Remember the ball is MANDATORY for students' 4th period grades.**

**IMPORTANT: MANDATORY** attire checks required for all student's grades for end of year balls. Students may email a picture of clothing for approval to [hstevens@apamail.org](mailto:hstevens@apamail.org), or stop by the ambassador office with clothing. Checking off of attire will count on the 4th period grade. Dress checks for 9th grade are due Tuesday, May 8th.



AMERICAN PREPARATORY  
ACADEMY  
**JUNIOR HIGH NEWS**

**AFTER-SCHOOL PROGRAMS (Sistema & Collegium Hall)**

**Collegium Hall**

Collegium Hall is back in full swing, working on homework and missing work. 7th and 8th grades are working towards completing 5000 assignments per grade, while 9th grade reaches for 3000 assignments. If they meet their goal, they'll earn a pizza party! The first grade to meet their goal will get an additional prize!

Here's where each grades currently stands:

7th grade: 3965 completed assignments

8th grade: 3444 completed assignments

9th grade: 1622 completed assignments

**CLUBS**

**Monday**

Latin Club (grades 7-9) in room 148 with Mrs. Adamson from 3:35 to 3:55 pm (As needed)

Knights of the Game Table Club (grades 4-6) in room 125 with Mr. Nath from 4:00 to 5:30 pm

**Tuesday**

Anime Club (grades 7-9) in room 144 with Ms. Carson from 3:30 to 5:00 pm

**Wednesday**

Adulting Club (grades 7-9) in room 148 with Ms. Adamson from 3:00 to 3:30 pm

**Thursday**

Latin Club (grades 7-9) in room 150 with Mrs. Adamson from 2:35 to 2:55 pm (As needed)

**Friday**

Math Club (grades 7-9) in room 142 with Mrs. Woodcox and Ms. Carson from 4:15 to 6:30 pm (As needed)

**Sistema *♪♪♪* MAKE A NOTE!**

**American Preparatory Academy WV1 Presents**

**Sistema Utah Spring Concert**

**Changing the world through music one student at a time.**

May 10, 5:30

APA WV1 gym

**Important information to note for concert**

- Concert starts 5:30. Doors to the gym will open at 5:15 pm.
- Students cannot be checked out early May 10th.
- Please plan on your student attending all rehearsals on May 8, 9, and 10 during our regular Sistema program hours.

**Volunteers Needed**

- Help tuning instruments (arrive 5:00) Sit with students during practice (arrive 2:30)
- Take photos and/or video shared in a group google drive folder. (arrive 5:15)
- Set up (arrive 2:00)
- Clean up (stay after to help quickly set up for a special event the next day)\Assist with after concert treats.



**\*\*\*Reminder\*\*\***

**Please pick your student up from Sistema in between class change times if you're getting them before program end -**

**1<sup>st</sup> period is 4:00 - 4:40 (W/TH 3:00 - 3:40)**

**2<sup>nd</sup> period is 4:42 - 5:22 (W/TH 3:42 - 4:22)**

**3<sup>rd</sup> period is 5:24 - 6:04 (W/TH 4:24 - 5:04)**

**Homework and parent pick up goes until program end at 6:30 (W/TH 5:30)**

**If you're picking your student up at the end of program, please make sure you're picking them up by 6:30 (W/TH 5:30)**

**Sistema Calendar**

- May 10: Sistema Spring Concert 5:30-6:30
- May 12: University of Utah Woman's Softball Game (Sistema Strings Performance) 12:00 pm.
- May 21: Lights Off 3:30-5:30 -- All Sistema student will be performing at this event. (NO Afterschool programs due to Lights Off.) Please bring your whole family to this fun end of year celebration.
- May 31: Last Day of Sistema and Collegium Hall and Sistema Storytime Showcase 5:00-5:30 pm.