



**COMCAST CARES DAY**



**THANK YOU FOR YOUR SUPPORT!**

A huge, heartfelt THANK YOU to all who came and participated in our Comcast Cares Day last Saturday! The day was such a success!

With over 850 volunteers showing up to help, so much was accomplished! Crews worked inside and outside—pulling weeds, spreading mulch and gravel, planting trees, repairing retaining walls and placing stepping stones, washing walls and desks, cleaning windows, organizing cupboards, sharpening pencils by the hundreds, scrubbing our breakout room benches and replacing the whiteboard tops, organizing donated uniform pieces, sweeping and cleaning the gym bleachers, repainting the lines on the playground and adding a giant map of the United States, assembling outdoor bleachers, prepping and painting the side of a shipping container for a mural, building and installing benches for an outdoor classroom area—it was an AMAZING day of service.

To celebrate this successful day—all students and staff who came and volunteered can wear their green Comcast Cares shirt and jeans this Friday! (Regular Friday dress for other students.) Thank you to Comcast for giving us this remarkable opportunity, and thank you to our wonderful APA community for your incredible support. What a GREAT TEAM!



## School Calendar – WV1 Campus

**April 26, 2018**

Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>  
West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

April 30-May 4 - Mon, Tues & Friday - 8:15 – 3:25/3:50 2<sup>nd</sup> Dismissal  
Wed & Thurs – 8:15 – 2:25/2:50 2<sup>nd</sup> Dismissal

April 23-May 4	Elementary SAGE Testing/SAT Testing
Friday, April 27	Comcast Care Day Celebration - Wear Comcast Care shirts & jeans
Saturday, April 28	Sistema Strings Perform for the Kids Fiesta 12:30 (arrive 12:15) at the Library's Viridian Event Center.
Monday, May 7	Professional Development - <b>Early Dismissal</b> - 12:15 pm - <b>No Sistema or Collegium Hall</b>
Tuesday, May 8	DIBELS Testing - Elementary
Thursday, May 10	Sistema Concert - 5:30 pm

### Upcoming Events

May 14-25	Jr. High SAGE Testing
Tuesday, May 15	9 <sup>th</sup> Grade Formal Dinner and Ball at LaCaille - 4:30-10:00 pm
Tuesday, May 15	4 <sup>th</sup> -6 <sup>th</sup> Field Trips
Thursday, May 17	Volunteer Assembly - 8:15 am
Thursday, May 17	Junior High Music Concert - 7:00 pm
Friday, May 18	Fun Run for Africa fundraiser - Draper
Monday, May 21	Lights Off! Event - 3:30 - 5:30 pm
Wednesday, May 23	9 <sup>th</sup> Grade Make a Difference Day
Friday, May 25	K-3 <sup>rd</sup> Field Trips
Friday, May 25	Kindergarten - Last Day of School

## May Builder's Theme

### "I am a Builder when I am Utterly Reliable"

People inherently value reliability. In fact, every day we value:

- Reliable cars that save time and money on repairs
- Reliable mail that gets delivered on time
- Reliable investments that deliver expected returns
- Reliable cell-phone service to stay connected
- Reliable vendors who show up on time
- Reliable airlines that take off on time
- Reliable restaurants that have quality food and service
- Reliable friends and colleagues who do what they say

When these things are reliable, they yield winning relationships and results. A business that delivers reliable results is a sum of reliable individuals. So business reliability starts with each person. Since reliability is so important to daily success, the most important question to ask is "How reliable am I?"

We want to collect reliable people in our lives. We do not want to deal with those who aren't. Reliable people get and keep friends more easily, forge deeper relationships, receive the best opportunities, are granted more autonomy at work, have more self-confidence, live with integrity, and carry a clear conscience.



**SPIRIT DAY** - Our next official Spirit Day will be Friday, May 4<sup>th</sup>. This is a great opportunity to wear your new Spirit wear.

### **Heroes for Africa & Fun Run**

We have a school in Zambia that has been closed during a cholera outbreak because of inadequate bathrooms. Let's help our fellow APA students stay in school by building better bathrooms.

Be a HERO **Monday, April 30<sup>th</sup>- Friday May 4<sup>th</sup>** - For *ONE WEEK ONLY* students, faculty, and friends can *REGISTER FOR THE FUN RUN* and FUNDRAISE electronically online for our sister school in Zambia. Each student can earn rewards including free spirit wear, homework passes, casual dress days and much more!

*FUN RUN (5K and 1K) is Friday, May 18<sup>th</sup>, 6:00-8:00pm at Andy Ballard Arena.* All race registrants will receive a Fun Run T-Shirt and contribute to our Zambian fundraiser goal. There will be rewards for top finishers, FM100.3, food trucks and a silent auction! It will be epic, so mark your calendars!

**VOLUNTEER:** We are in desperate need for more Trail Marshals to help direct runners and keep them safe. Please email Jill Welch at [kjillwelch@gmail.com](mailto:kjillwelch@gmail.com) if you are interested.

### **END OF YEAR TESTING**

Our end of year testing is underway and the kids have dug right in. Here are some great tips to help your students continue to do their best:

- ✓ Please assist them in getting a good night's sleep. Elementary students do best with 9-11 hours of sleep, while Junior High students need 8-9 hours of sleep. TV and computer screens just before bedtime can make it hard to fall asleep, so please limit these. Dimmer lights during this time can also help.
- ✓ Make sure they eat a wholesome breakfast high in proteins, whole grains, vitamins, and healthy Omega 3 fats that can be had from nuts, seeds, fish, and eggs.
- ✓ Testing will start first thing in the morning when your students' brains are at their best, so please make sure they get to school on time or even a few minutes early.
- ✓ Please, do not check your students out of school, unless it is an emergency. Dental appointments, for example, are not emergencies. Being absent during this time means they will be doing makeup testing while their friends are participating in fun end of the year culminating activities.
- ✓ And finally, encourage your students, but please do not add to their stress level by YOUR stress level.

Snack Donations! To keep our students on their best game, we will be giving students healthy and easy to eat pre-test snacks. Examples of these are: whole grain and granola bars, fruits, such as grapes, apples or bananas, or cheese sticks. We're asking parents to donate a package of healthy snacks if possible to their students' classrooms. Please remember, these are not substitutes for a great breakfast.

**BIG SMILES** - We are so excited to announce that BIG SMILES, a convenient in-school dental program, will be coming again to West Valley 1. On Thursday, April 26, "Big Smiles" permission slips, with more information, will be sent home attached to each student's learning plan. Please fill out the form, sign it, and return it to school as soon as you receive them. Utah Licensed dentist will be performing their services on Monday, May 21<sup>st</sup>. If you have any questions, feel free to email Jesenia Rivera at [jrivera@apamail.org](mailto:jrivera@apamail.org).



### **School Lunch -**

The deadline to order lunches for this year was April 25<sup>th</sup>. If you did not get online and order your child's lunch, you will need to send your student with a lunch. If you have any concerns or questions, please contact Kristine Stevens at [kstevens@apamail.org](mailto:kstevens@apamail.org) or 801-839-3613.

### **Fruits & Vegetables - Hot House Cucumbers**

Hot House Cucumbers are similar to common cucumbers. Some noticeable differences are that hot house cucumbers are much longer, contain fewer seeds and are most often called English cucumbers. Usually measuring six to twelve inches in length, this burpless variety has been known to reach two feet in length. Marketed individually wrapped, hothouse cucumbers offer a clean crisp refreshing taste. Unlike the traditional cucumber the skin or peel of the hot house cucumber is almost always eaten because of its thin layer as well as nutritional content.

### **Parent Advisory Committee Elections - (Week 3 of 3)**

We are in the process of creating our Parent Advisory Committee (PAC) for the 2018-19 school year. PAC participates with the administration in developing the Annual School Plan, in deciding how the Land Trust monies will be spent, and other matters important to our students at American Preparatory Academy.

We have **2 parent PAC positions** to fill at APA-West Valley 1. Parents of students who are employed 6 or more hours per week at the school are disqualified from participating as an elected parent.

The PAC generally meets 3-4 times per year. Members of the PAC will be expected to participate in all of these meetings so that a quorum may be present to conduct business. There are no term limits, so long as an elected parent has students enrolled in the school, is actively participating, and wishes to continue to do so.

These are the anticipated meeting dates, times, and places for the 2018-19 school year. **It is vital that you attend all three meetings if you are a member of the PAC. We must have a quorum in order to hold a meeting.** Failure to do so may result in the loss of your seat on the Committee.

1<sup>st</sup> Meeting at West Valley 1 will be on Thursday, September 13 at 10:00am.

2<sup>nd</sup> Meeting at West Valley 1 will be on Friday, March 8 at 10:00am.

3<sup>rd</sup> Meeting (Annual School Planning Meeting) This meeting will most likely be held in August after we get State Testing results back.

If you are interested, please contact Kim Dudley, [landtrust@apamail.org](mailto:landtrust@apamail.org) no later than Thursday, May 03, 2018 at 4pm. Please include your name, the campus you are running for, a little campaign blurb, your student's name and grade, your phone number and email address.

We are holding elections at more than one campus, so it will be very important that you note in your email for which campus' PAC you are running. The ballot will go home as the last page of the May 10<sup>th</sup> newsletter. Each family may vote for 2 candidates, since we have 2 openings. Ballots must be returned to the school by 4pm on May 15. The candidate who receives the most votes will be posted in the May 17<sup>th</sup> newsletter. Candidates will be notified by email on May 16<sup>th</sup>.



AMERICAN PREPARATORY  
ACADEMY



FSO

Family School Organization

Antonia Ovi?do – 801-661-8725 – [anny1977@live.com](mailto:anny1977@live.com) (left)  
Julia Soledad – 801-574-5523 – [edyjuliasld@hotmail.com](mailto:edyjuliasld@hotmail.com) (right)

**Volunteer Raffle** – Remember to keep picking up your tickets for the Volunteer Raffle, but most important is recording your **VOLUNTEER HOURS** on your **COMMUNICATION FOLDERS!** The raffle will be at the Volunteer Assembly on May 17<sup>th</sup> at 8:15 am.

**Box Tops** – We have one more contest to look forward to. This goes until April 27<sup>th</sup>. The class that wins this one will receive a balloon party. Looking forward to the class that would like to be entertained by party balloons. Keep sending those box tops in. The opportunity to benefit from them never ends.

**English Classes every Monday, Wednesday!**

English classes have had such a great start and are being enjoyed by everyone who has come! Bring your friends and come have fun learning English. These community classes are free and open to everyone who would like to improve their English skills. The days and times are: Monday and Wednesday @ 8:30-9:30 am.

Please contact Mrs. Meyerson if you have any questions! [bmeyerson@apamail.org](mailto:bmeyerson@apamail.org).

**AMBASSADORS**

**7th and 8th Grade New York Balls**

Last weekend we had our 7th and 8th grade New York Balls. It was the bees knees! The students danced the night away, practicing their skills in foxtrot, waltz, cha-cha, bachata and even learned the salsa! We want to give a special THANK YOU to those who came and helped. We could not have done it without you!

**JUNIOR HIGH NEWS**

**AFTER-SCHOOL PROGRAMS (Sistema & Collegium Hall)**

**Collegium Hall**

Collegium Hall is back in full swing, working on homework and missing work. 7th and 8th grades are working towards completing 5000 assignments per grade, while 9th grade reaches for 3000 assignments. If they meet their goal, they'll earn a pizza party! The first grade to meet their goal will get an additional prize!

Here's where each grades currently stands:

7th grade: 3839 completed assignments

8th grade: 3390 completed assignments

9th grade: 1622 completed assignments

**CLUBS**

**Monday**

Latin Club (grades 7-9) in room 148 with Mrs. Adamson from 3:35 to 3:55 pm (As needed)

Knights of the Game Table Club (grades 4-6) in room 125 with Mr. Nath from 4:00 to 5:30 pm

**Tuesday**

Anime Club (grades 7-9) in room 144 with Ms. Carson from 3:30 to 5:00 pm

**Wednesday**

Adulting Club (grades 7-9) in room 148 with Ms. Adamson from 3:00 to 3:30 pm

**Thursday**

Latin Club (grades 7-9) in room 150 with Mrs. Adamson from 2:35 to 2:55 pm (As needed)

**Friday**

Math Club (grades 7-9) in room 142 with Mrs. Woodcox and Ms. Carson from 4:15 to 6:30 pm (As needed)



**Sistema *♪♪♪* MAKE A NOTE!**

**\*\*\*Reminder\*\*\***

**Please pick your student up from Sistema in between class change times if you're getting them before program end -**

**1<sup>st</sup> period is 4:00 - 4:40 (W/TH 3:00 - 3:40)**

**2<sup>nd</sup> period is 4:42 - 5:22 (W/TH 3:42 - 4:22)**

**3<sup>rd</sup> period is 5:24 - 6:04 (W/TH 4:24 - 5:04)**

**Homework and parent pick up goes until program end at 6:30 (W/TH 5:30)**

**If you're picking your student up at the end of program, please make sure you're picking them up by 6:30 (W/TH 5:30)**

**Sistema Calendar**

- April 28: Sistema Strings Perform for the Kids Fiesta 12:30 (arrive 12:15) at the Library's Viridian Event Center.

**Save the date:**

- May 10: Sistema Spring Concert 5:30-6:30
- May 12: University of Utah Woman's Softball Game (Sistema Strings Performance) 12:00 pm.
- May 21: Lights Off 3:30-5:30 -- All Sistema student will be performing at this event. (NO Afterschool programs due to Lights Off.) Please bring your whole family to this fun end of year celebration.
- May 31: Last Day of Sistema and Collegium Hall and Sistema Storytime Showcase 5:00-5:30 pm.