



Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>

Mar 26-30 - Mon, Tues & Friday - 8:15 – 3:25/3:50 2nd Dismissal
Wed- **12:15 Dismissal (Elementary Only)** , Thurs – 8:15 – 2:25/2:50 2nd Dismissal

West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

Friday, Mar 23	Elementary Groups Missing Work Deadline
Monday, Mar 26	Elementary Homeroom Missing Work Deadline - Jr. High Missing Work Deadline
Tuesday, Mar 27	“Celebration of Excellence” Mandatory Meeting & Registration Packets 8:15 am, 2:30 pm, & 5:30 pm
Wednesday, Mar 28	Elementary Grading Day - Early Dismissal - 12:15 - No Sistema
Wednesday, Mar 28	7 th Grade Care Center Visit - 1:00 pm - 3:45 pm
Thursday, Mar 29	Spring Music Concerts - Elementary - 6:00 pm, Jr. High - 7:00 pm
Friday, Mar 30	End of term 4 (Elementary) End of term 3 (Jr. High) - SPIRIT DAY

Upcoming Events

April 2 - 6	Spring Break - NO SCHOOL
April 13 & 14	District Art Show - WV2 Campus - Friday - 5:00-7:30 pm, Saturday-9:00am-12:00pm
Saturday, Apr 21	COMCAST CARES DAY--Have you signed up?!
April 20 & 21	7 th & 8th Grade New York Ball & Dinner

March Builder’s Theme

“I am a Builder when I Believe in my Ability to Succeed and am Willing to Try!”

If you believe, “I can,” you are correct. If you believe, “I cannot,” you are also absolutely correct. It is a simple psychological fact that you act like the person you believe you are.

Motivating Yourself

You cannot wait for someone else to head you in the right direction; you must motivate yourself. Motivation is an inner need or drive that impels or incites an individual to action. Motivation is a desire held in expectation with the belief that it will be realized. Belief comes from your self-image, expectation comes from your reserve potential, and any desire supported by belief and expectation becomes a strong motivating force that propels you toward your goals. Self-motivation is neither a mystical power or a gift that descends from the heavens by chance. It grows, blooms, and flowers. It finds expression when you prepare for it, attract it, and reach out to receive it. Human desires, needs and drives are fairly universal; but goals and behavior are individual. Two people may behave in diametrically opposite ways to reach identical goals. It’s important for you to understand the universal drives that influence your actions, and learn to set goals and direct your actions toward achieving them.

District Art Show

APA’s Annual District Art Show is coming up quickly! The Art Show will feature carefully selected work from grades 1-12 across the APA district. We will have three members of the art community coming to judge the works and award prizes. Please come support our students’ efforts and talents!

Friday, April 13th 5:00-7:30 pm
Saturday, April 14th, 9:00 am-12 Noon
at West Valley 2

Winners from each age group will be announced at a reception on Friday, April 13th at 6:30pm. The West Valley 2 campus is located at 3636 W 3100 S, WVC, UT 84120



Annual Enrollment MANDATORY Parent Meeting- NEXT WEEK!

Come to our “Celebration of Excellence” mandatory annual enrollment Parent Meeting and receive your Registration packets for re-enrollment for next year.

Tuesday, March 27th

8:15 am

2:30 pm

5:30 pm

We look forward to meeting with all of you at this annual event! This is an opportunity to give our stakeholders--you, our amazing APA parents--a report on the academic year, discuss pertinent school topics and to **distribute the registration packets necessary to complete the re-enrollment process for next year.**

Our veteran parents already know this—but may we stress for the benefit of our newer parents--that this is one of our **mandatory** meetings during the year. To most easily accommodate your schedules, we will be holding the meeting at 3 different times. You only need to attend one. Please make arrangements to have at least one parent in attendance for the full meeting. Please be on time. Meetings will start promptly at the time listed and will last for one hour. *Families that do not attend an enrollment meeting will be dropped from enrollment at American Prep.*

We look forward to seeing you and having this re-enrollment step complete. We are excited for this opportunity to celebrate the excellence of American Prep and our West Valley 1 campus!

COMCAST CARES DAY - SATURDAY MORNING, APRIL 21st. Thank you to all of you who have signed up to help at our Comcast Cares Day—day of service! We have 339 people signed up—over half of our goal of having 600 of our staff and families participating in this great event! Here are some frequently asked questions—and answers!

Q. If I don't sign up ahead of time, can I still show up to help?

A. Of course! We will say yes to all offers to help. BUT...if you turn in a registration form by March 31, it will help. A T-shirt will be ordered for you and Comcast will be able to better anticipate how many people they will be feeding on that day (donuts and pizza!) and how many supplies to have on hand.

Q. What is the age limit?

A. No age limit—every age is welcome!

Q. Does this count towards my 20 volunteer hours?

A. Absolutely. Every person you bring—family or friends—will count toward your family's hours.

Q. What day and time is it?

A. Saturday, April 21st. Check in will happen from 7-8 am. Projects will begin at 8:00. Wrap up and lunch will happen by noon—earlier if we are fast finishers!

Q. Truthfully, will this be fun?

A. What could be more fun than working side-by-side with people you enjoy, meeting new friends and doing great things for the school your children attend? Throw in a DJ, great music and pizza and it's a sure fire fun day!

Q. When do you want the registration forms turned in?

A. We are hoping to have our 600 turned in by March 31st so we're sure to have T-shirts for all those people, but we will continue to take them until the day of Comcast Cares.

THANK YOU FOR YOUR SUPPORT!



Expanding Your Horizons Event

APA GEAR UP girls from WV1 & WV2 had an amazing opportunity at the Expanding your Horizons event this February at Utah Valley University. Our girls 6th-8th grade explored cutting edge careers in science and tech fields. Everything from mechanical engineering to nursing.

Our students attended workshops throughout the day that focused on careers they were most interested in. This was an especially unique experience because the girls were able to meet successful women in those professions and also interact other young girls who share similar aspirations. An empowering message! Thank you to UVU for putting on this important event and GEAR UP grant for helping make it happen. The sense of camaraderie could be felt among the girls who came together from all different schools, we left knowing more and having greater passion for science and college.

Attract the Best and Keep the Best! - Friends of APA

We all know that American Prep's greatest asset is our teachers. We want to attract the best and keep the best! For that reason, Friends of APA has created a unique way to say "thank you" by forming the Builders Club. The Builders Club is a program that provides bonuses and staff compensation for our teachers. ***We invite all our parents to become members of the Builders Club by making monthly donations for each student that attends APA.*** We want to reward our teachers so we can retain them and provide an excellent education for our students well into the future.

To join the Builders Club, go to <https://www.americanprepfoundation.org/apa-builders-club> and complete the form. If you prefer to donate in person each month, you can donate at the front office.

Yearbook 2017-18

Get A 2018 Yearbook Today! You can order your yearbook by scanning the code or visiting the link below :



Orders will only be Accepted until April 25th. <https://goo.gl/D85Qz8>

Here is how you can submit photos online:

- Go to: <https://images.schoolannualonline.com/login>
- If it does not automatically log you into the site, enter username: 409163614
- Browse to select the photo(s) you wish to upload.
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Save Details".

It's that easy! Submit your photos today!

School Lunch

Contact your school lunch manager, Kristine Stevens, if you have any questions. She will be happy to help you. Please note that Mrs. Stevens cannot cancel lunches via email if the cancellation deadline has been missed already.

kstevens@apamail.org

The website to order school lunches is <https://apalunch.h1.hotlunchonline.net/>

If you would like to apply for free or reduced price meals for your student, please contact Mrs. Stevens. We accept and process applications year-round and there is no penalty for applying, regardless of result.

Fruits & Vegetables -

Jicama (hikama) is a crispy, sweet, edible root that resembles a turnip in physical appearance, although the plants are not related. Jicama has been cultivated in South America for centuries, and the vegetable is quite popular in Mexican cuisine. Jicama has a unique flavor that lends itself well to salads, salsas, and vegetable platters. The roots can sometimes grow to be quite large, although when they exceed the size of two fists, they begin to convert the sugars that give jicama its sweet flavor into starches, making the root somewhat woody to the taste.



FSO
Family School Organization

Antonia Oviedo – 801-661-8725 – annyl977@live.com (left)
Julia Soledad – 801-574-5523 – edyjuliasld@hotmail.com (right)

Anyone who would like to help in any way, contact Mrs. Oviedo or Mrs. Soledad by calls or texts at any time.

Volunteer Raffle – Remember to keep picking up your tickets for the Volunteer Raffle, but most important is recording your **VOLUNTEER HOURS** on your **COMMUNICATION FOLDERS!**

Box Tops – We have one more contest to look forward to. The goes until April 27th. The class that wins this one will receive a balloon party. Looking forward to the class that would like to be entertained by party balloons. Keep sending those box tops in. The opportunity to benefit from them never ends.

English Classes every Monday, Wednesday!

English classes have had such a great start and are being enjoyed by everyone who has come! Bring your friends and come have fun learning English. These community classes are free and open to everyone who would like to improve their English skills. The days and times are: Monday and Wednesday @ 8:30-9:30 am. Please contact Mrs. Meyerson if you have any questions! bmeyerson@apamail.org.

JUNIOR HIGH NEWS

9th grade Make A Difference Day - CHANGE

Due to circumstances outside our control, we will be moving our Make A Difference Day Ambassador activity to May 23rd. Mark your calendars!

7th Grade Care Center Visits

Our upcoming 7th grade Ambassador event is on Wednesday, March 28th for the Care Center Visits. Students are expected to be in full uniform and need to turn in permission forms to attend. We will be going to various Care Center locations where our students will serve the elderly by singing, reading and doing crafts with them. Students will need to be picked up from school at 3:45pm. If parents are interested in volunteering at the Care Centers, please contact Hailey Stevens at hstevens@apamail.org.

AFTER-SCHOOL PROGRAMS (Sistema & Collegium Hall)

Collegium Hall

Collegium Hall is back in full swing, working on homework and missing work. 7th and 8th grades are working towards completing 5000 assignments per grade, while 9th grade reaches for 3000 assignments. If they meet their goal, they'll earn a pizza party! The first grade to meet their goal will get an additional prize!

Here's where each grades currently stands:

7th grade: 3348 completed assignments
8th grade: 3144 completed assignments
9th grade: 1559 completed assignments



AMERICAN PREPARATORY

A C A D E M Y

CLUBS

Monday

Latin Club (grades 7-9) in room 148 with Mrs. Adamson from 3:35 to 3:55 pm
Newsies Club (grades 7-9) in room 141 with Ms. Kelly from 4:05 to 5:00 pm
Knights of the Game Table Club (grades 4-6) in room 125 with Mr. Nath from 4:00 to 5:30 pm
Knitting Club (grades 4-6) in room 104 with Ms. Cain from 4:00 to 5:00 pm
3D Printing Club (grades 6-9) in room 138 with Mr. Langford from 3:30 to 5:00 pm

Tuesday

Improv Club (grades 7-9) in room 101 (New Room) with Ms. Denison and Ms. Spencer from 4:00 to 5:00 pm
Anime Club (grades 7-9) in room 144 with Ms. Carson from 3:30 to 5:00 pm
Knitting Club (grades 4-6) in room 104 with Ms. Cain from 4:00 to 5:00 pm

Wednesday

Art Club (grades 6-7) in room 125 with Ms. Cahoon from 2:30 to 4:00 pm
Adulting Club (grades 7-9) in room 148 with Ms. Adamson from 3:00 to 3:30 pm

Thursday

Latin Club (grades 7-9) in room 150 with Mrs. Adamson from 2:35 to 2:55 pm

Friday

Math Club (grades 7-9) in room 142 with Mrs. Woodcox and Ms. Carson from 4:15 to 6:30 pm

Sistema *♪♪♪* MAKE A NOTE!

“Home Practicing” Parent Presentation: We are so grateful to have had Brittany Gardner come present about how parents can empower their students to practice at home. I hope all those who were able to attend were able to leave with many tools to help them. She talked about taking notes at lessons and how to organize those notes. Even though we do not have parents who attend a regular lesson, you are invited come observe your student’s instrument class and get some tips and trick for ways you can practice with your student over the summer. We will send home a fun Summer Practice Packet so you can help your student continue their musical journey during the break. If you are interested in private lessons over and need help finding a teacher contact Mrs. McCullough (cmccullough@apamail.org).

Checking Out Early: We are still having issues with parents checking students out in the middle of class. Please help support and respect our teachers by having your student attend every day and for the full program. We are so grateful to the parents who are allowing their student to stay the whole time. We also appreciate those who have medical reasons to pick up a child and do it between classes. Thank you for your support of our music program.

Sistema Calendar

- March 28: No Sistema (12:15 Dismissal Grading Day)
- April 2-6: No Sistema (Spring Break)
- April 17: Sistema Showcase 6:00
- April 20: No Sistema (Facility Unavailable for Program)
- April 28: Sistema Strings Perform for the Kids Fiesta

Save the date:

- May 10: Sistema Spring Concert 5:30-6:30
- May 21: Lights Off 3:30-5:30 --All Sistema student will be performing at this event.
- May 31: Last Day of Sistema and Collegium Hall and Sistema Storytime Showcase 5:00-5:30 pm.