



Check the website calendar for all practices, rehearsals and clubs @ <http://westvalley1.americanprep.org/>

Mar 19-23 - Mon, Tues & Friday - 8:15 – 3:25/3:50 2<sup>nd</sup> Dismissal  
Wed & Thurs – 8:15 – 2:25/2:50 2<sup>nd</sup> Dismissal

West Valley One Facebook link: <https://www.facebook.com/americanprepWV1>

March 19-24	Staff Appreciation Week!
Wednesday, Mar 21	9 <sup>th</sup> Grade Make a Difference Day
Friday, Mar 23	Elementary Groups Missing Work Deadline
Monday, Mar 26	Elementary Homeroom Missing Work Deadline
Tuesday, Mar 27	“Celebration of Excellence” Mandatory Meeting & Registration Packets 8:15 am, 2:30 pm, & 5:30 pm
Wednesday, Mar 28	Elementary Grading Day - <b>Early Dismissal - 12:15 - No Sistema</b>
Wednesday, Mar 28	7 <sup>th</sup> Grade Care Center Visit
Thursday, Mar 29	Spring Music Concerts - Elementary - 6:00 pm, Jr. High - 7:00 pm
Friday, Mar 30	End of term 4 (Elementary) End of term 3 (Jr. High)

**Upcoming Events**

Saturday, Apr 21	COMCAST CARES DAY--Have you signed up?!
April 20 & 21	7 <sup>th</sup> & 8 <sup>th</sup> Grade New York Ball & Dinner

**March Builder’s Theme -**

**“I am a Builder when I Believe in my Ability to Succeed and am Willing to Try!”**

**Believe in Your Ability to Succeed**

Self-image is not the same as conceit or an overinflated ego. It is, instead, a genuine self-respect, a positive mental picture of yourself that grows out of the recognition of your untapped potential. Unless you can develop a strong self-image, you greatly diminish your chances for success. Your self-image sets up an invisible barrier. You set your own ceiling and cannot rise above it nor progress beyond it. Unconsciously, you mark a line and say, “Beyond this point I cannot go.”

If your self-image is negative, every decision filters through a network of unconscious fears and doubts. If you think that you are worth very little, that your talents and abilities are limited, you will unconsciously refuse to achieve very much. Ironically, the world is filled with people who have every attribute for personal leadership except self-confidence. They rate themselves so harshly that their low self-image relegates them to the ranks of plodders who venture little and gain less.

Although you cannot rise above it, you can raise your self-image. If you believe, “I can,” you are correct. If you believe, “I cannot,” you are also absolutely correct. It is a simple psychological fact that you act like the person you believe you are.

**February Reading University Winners**

K - Rosio Garcia	4 <sup>th</sup> - JennaLee Maumau
K - Sophia Young	4 <sup>th</sup> - Kyler Pratt
1 <sup>st</sup> - Baylee Farragher	5 <sup>th</sup> - Raquel Jackson
1 <sup>st</sup> - Kaithlyn Olevao	5 <sup>th</sup> - Andrea Tagovailoa
2 <sup>nd</sup> - Olivia Afu	6 <sup>th</sup> - Julie Estrella
2 <sup>nd</sup> - Sebastian Soto Ochoa	6 <sup>th</sup> - Brandon Martinez
3 <sup>rd</sup> - Lavinia Kupu	
3 <sup>rd</sup> - Natalie Mendoza Frias	



## **Annual Enrollment MANDATORY Parent Meeting**

Pull out your calendar, phone, planner, sticky notes--whatever your preferred method is for organizing your life--and please write down the date and times for our "Celebration of Excellence" mandatory annual enrollment Parent Meeting.

### **Tuesday, March 27th**

8:15 am

2:30 pm

5:30 pm

We look forward to meeting with all of you at this annual event! This is an opportunity to give our stakeholders--you, our amazing APA parents--a report on the academic year, discuss pertinent school topics and to **distribute the registration packets necessary to complete the re-enrollment process for next year.**

Our veteran parents already know this—but may we stress for the benefit of our newer parents--that this is one of our **mandatory** meetings during the year. To most easily accommodate your schedules, we will be holding the meeting at 3 different times. You only need to attend one. Please make arrangements to have at least one parent in attendance for the full meeting. Please be on time. Meetings will start promptly at the time listed and will last for one hour.

*Families that do not attend an enrollment meeting will be dropped from enrollment at American Prep.*

We look forward to seeing you and having this re-enrollment step complete. We are excited for this opportunity to celebrate the excellence of American Prep and our West Valley 1 campus!

**COMCAST CARES DAY** - We are SO EXCITED to share this GREAT news with all of you! Every year, Comcast has a day of service called "Comcast Cares Day". On Saturday, April 21st, Comcast employees and their families will again join with volunteers from the community to do service projects all across the state! It is an amazing, generous gift that Comcast gives to communities each year.

This year, OUR AMERICAN PREP-WV1 CAMPUS has been chosen to be a site for a Comcast Cares Day! (Thank you to the Workman family for recommending us!) What an honor this is--and what a tremendous opportunity! The team leads for our Comcast Cares Day have already visited our school to get ideas of what projects could be done to clean, beautify and improve our school. We gave them our wish list! Comcast's generosity is unbelievable—not only will they organize projects for our school building and grounds, but they will provide the supplies to complete the projects! Not only that, they will donate back to our school for every volunteer that comes—both theirs and ours! And not only that, they will have donuts and pizza and t-shirts for everyone that signs up! YES! WE ARE SO EXCITED!

Our goal is to have 600 volunteers sign up for our Comcast Cares Day—which we know we can do. When we think of all the potential volunteers that might join us, we could easily exceed that number! Talk to everyone you know—cousins, aunts and uncles, neighbors, church youth groups, therapy groups, families from other APA campuses, strangers you meet in the grocery line—everyone you can think of! Along with our APA staff and our wonderful parents and students, we will astonish Comcast with the enthusiastic turnout of volunteers we will provide!

Pull out your calendars and clear the morning of Saturday, April 21st to come and participate! Check your communication envelope for a flyer and a form to register. Each adult needs to fill one out, but children under 18 can be included on the same form. We will have extra copies available at the front office. Take all you need! Let's start building our remarkable team of volunteers! So grateful to be part of this great APA community!!

## **DON'T FORGET! THIS SATURDAY! - American Preparatory Academy - BOOKFAIR**

**DATE:** Saturday, March 17, 2018

**AT:** Barnes & Noble – South Towne  
10180 S. State Street  
Sandy

**TIME:** 10AM-8PM

Make sure to give printed vouchers to your friends and family! Bring a voucher in to the store and present it to a cashier to benefit APA. This is a great event to bring books and curriculum into the classroom!

**ANYONE can shop on-line 03/17-03/22 with Bookfair ID #: 12316386**



### **Attract the Best and Keep the Best! - Friends of APA**

*We all know that American Prep's greatest asset is our teachers.* We want to attract the best and keep the best! For that reason, Friends of APA has created a unique way to say "thank you" by forming the Builders Club. The Builders Club is a program that provides bonuses and staff compensation for our teachers. ***We invite all our parents to become members of the Builders Club by making monthly donations for each student that attends APA.*** We want to reward our teachers so we can retain them and provide an excellent education for our students well into the future.

***To join the Builders Club, go to <https://www.americanprepfoundation.org/apa-builders-club> and complete the form.*** If you prefer to donate in person each month, you can donate at the front office.

### **Yearbook 2017-18**

Get A 2018 Yearbook Today! You can order your yearbook by scanning the code or visiting the link below :



Orders will only be Accepted until April 25<sup>th</sup>. <https://goo.gl/D85Qz8>

Here is how you can submit photos online:

- Go to: <https://images.schoolannualonline.com/login>
- If it does not automatically log you into the site, enter username: 409163614
- Browse to select the photo(s) you wish to upload.
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Save Details".

It's that easy! Submit your photos today!

### **School Lunch**

Contact your school lunch manager, Kristine Stevens, if you have any questions. She will be happy to help you. Please note that Mrs. Stevens cannot cancel lunches via email if the cancellation deadline has been missed already.

[kstevens@apamail.org](mailto:kstevens@apamail.org)

The website to order school lunches is <https://apalunch.h1.hotlunchonline.net/>

If you would like to apply for free or reduced price meals for your student, please contact Mrs. Stevens. We accept and process applications year-round and there is no penalty for applying, regardless of result.

### **Fruits & Vegetables - Strawberries & Sweet Mini Peppers**

Strawberries are one of the most popular and favorite of all fruits. They can be grown in almost any region where, during part of the year, there is a warm climate. One interesting characteristic of strawberries is that they carry their seeds on the skin rather than inside the fruit. There are hundreds of varieties of strawberries displaying different attributes such as size, flavor and color. Strawberries are typically heart shaped and have sweet and tart flavors depending on variety and growing regions.

Sweet mini peppers are developed through selective plant breeding. They look like a colored jalapeno. The small, "thumb-sized" bell peppers are very sweet, mild flavored and virtually seedless. They are sold in a trio of red, yellow and orange colors. They can be eaten raw or cooked and even hold their texture well after being cooked. Sweet mini peppers contain no amounts of fat, sodium, or cholesterol.



**FSO**  
**Family School Organization**

Antonia Oviedo – 801-661-8725 – [annyl977@live.com](mailto:annyl977@live.com) (left)  
Julia Soledad – 801-574-5523 – [edyjulasld@hotmail.com](mailto:edyjulasld@hotmail.com) (right)

**Anyone who would like to help in any way, contact Mrs. Oviedo or Mrs. Soledad by calls or texts at any time.**

**Volunteer Raffle** – Remember to keep picking up your tickets for the Volunteer Raffle, but most important is recording your **VOLUNTEER HOURS** on your **COMMUNICATION FOLDERS!**

**Box Tops** – We have one more contest to look forward to. The goes until April 27<sup>th</sup>. The class that wins this one will receive a balloon party. Looking forward to the class that would like to be entertained by party balloons. Keep sending those box tops in. The opportunity to benefit from them never ends.

**Staff Appreciation Week**

Staff appreciation week will be on March 19-23. We will be decorating the staff doors and still have a lot of doors available for decoration. Please contact Julia Soledad or Antonia Oviedo if you would be able and willing to help with the decorating. We also need volunteers to help with food donations.

You can call or text Antonia or Julia if you are able to volunteer in any way. Thank you for all of you that are able to help in any way.

**English Classes every Monday, Wednesday!**

English classes have had such a great start and are being enjoyed by everyone who has come! Bring your friends and come have fun learning English. These community classes are free and open to everyone who would like to improve their English skills. The days and times are: Monday and Wednesday @ 8:30-9:30 am.

Please contact Mrs. Meyerson if you have any questions! [bmeyerson@apamail.org](mailto:bmeyerson@apamail.org).

**JUNIOR HIGH NEWS**

**9th Grade Make a Difference Day**

On Wednesday, March 21st our 9<sup>th</sup> grade students will participate in Make a Difference Day. They will be visiting Headstart schools to volunteer and serve at-risk students who come from families below the poverty level. Our 9<sup>th</sup> grade curriculum is geared towards peer mentorship, so our 9<sup>th</sup> grade get to be mentors to the students as they do crafts with them, read to them and play games.

Parent volunteers are needed! Contact Hailey Stevens at [hstevens@apamail.org](mailto:hstevens@apamail.org) or call 801.839.3613 ext.0033.

**7th Grade Care Center Visits**

Our upcoming 7th grade Ambassador event is on Wednesday, March 28<sup>th</sup> for the Care Center Visits. Students are expected to be in full uniform and need to turn in permission forms to attend. We will be going to various Care Center locations where our students will serve the elderly by singing, reading and doing crafts with them. Students will need to be picked up from school at 3:45pm. If parents are interested in volunteering at the Care Centers, please contact Hailey Stevens at [hstevens@apamail.org](mailto:hstevens@apamail.org)



## **AFTER-SCHOOL PROGRAMS (Sistema & Collegium Hall)**

### **New After-school Director**

Our new WV1 Afterschool Program Director is Ms. Summer Shepherd. Summer holds a Bachelor's Degree in Recreation Management and Nonprofit Organizations from Brigham Young University. In simple terms, she spent four years learning how to run events, from large celebrations to simple day to day events for nonprofit organizations. She has worked with the Springville Art Museum and Brigham Young University. Her experience ranges from hosting a children's art festival to high school level business language competitions.

When Summer is not busy running fun events for students, she is busy spending time with her family. She loves listening to music and watching movies. She also enjoys learning new things, such as cooking or baking. She says, "Not to brag, but I make stellar desserts, like no-bake cookies and buckeye brownies."

Summer is excited to join the APA team here at the West Valley 1 Campus and is looking forward to getting to know the wonderful staff and students.

### **Collegium Hall**

Collegium Hall is back in full swing, working on homework and missing work. 7th and 8th grades are working towards completing 5000 assignments per grade, while 9th grade reaches for 3000 assignments. If they meet their goal, they'll earn a pizza party! The first grade to meet their goal will get an additional prize!

Here's where each grades currently stands:

7th grade: 3407 completed assignments

8th grade: 3547 completed assignments

9th grade: 1342 completed assignments

## **CLUBS**

### **Monday**

Latin Club (grades 7-9) in room 148 with Mrs. Adamson from 3:35 to 3:55 pm

Newsies Club (grades 7-9) in room 141 with Ms. Kelly from 4:05 to 5:00 pm

Knights of the Game Table Club (grades 4-6) in room 125 with Mr. Nath from 4:00 to 5:30 pm

Knitting Club (grades 4-6) in room 104 with Ms. Cain from 4:00 to 5:00 pm

3D Printing Club (grades 6-9) in room 138 with Mr. Langford from 3:30 to 5:00 pm

### **Tuesday**

Improv Club (grades 7-9) in room 126 with Ms. Denison and Ms. Spencer from 4:00 to 5:00 pm

Anime Club (grades 7-9) in room 144 with Ms. Carson from 3:30 to 5:00 pm

Knitting Club (grades 4-6) in room 104 with Ms. Cain from 4:00 to 5:00 pm

### **Wednesday**

Art Club (grades 6-7) in room 125 with Ms. Cahoon from 2:30 to 4:00 pm

Adulting Club (grades 7-9) in room 148 with Ms. Adamson from 3:00 to 3:30 pm

### **Thursday**

Latin Club (grades 7-9) in room 150 with Mrs. Adamson from 2:35 to 2:55 pm

### **Friday**

Math Club (grades 7-9) in room 142 with Mrs. Woodcox and Ms. Carson from 4:15 to 6:30 pm

## **Sistema MAKE A NOTE!**

**Checking Out Early:** We understand it is a very long day for students who attend school and then stay after for our afterschool program, especially for your youngest students. For all those in grades 3-6<sup>th</sup> grade they are capable to stay for our full program. Most students in first and second grade are also able to stay for the full program. It is important that students do not miss more than one day a week, as per the Sistema Utah policy. We understand that there have been many students absent from the program due to being ill. Please help support and respect our teachers by having your student attend every day. We are so grateful parents are picking up students between classes, when they have had to pick up their student early from Sistema. Thank you for your support of our music program.

### **Sistema Calendar**

- March. 21: No Sistema (Staff Appreciation Dinner)
- March. 28: No Sistema (12:15 Dismissal Grading Day)